

WALANT | WIDE AWAKE HAND SURGERY ONLINE SESSION

14th may 2021
17:15-19:30h ^(GMT)

Sociedade Portuguesa de
CIRURGIA DA MÃO



FACULTY

Amir Adham bin Ahmad | **Malaysia**
Carlos Ramos Pina | **Portugal**
Donald H. Lalonde | **Canada**
Luís Vieira | **Portugal**



SCIENTIFIC PROGRAM

WALANT | WIDE AWAKE HAND SURGERY

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Sociedade Portuguesa de
CIRURGIA DA MÃO

ORGANIZER

Portuguese Society of Hand Surgery
SPOCMA



FACULTY

Amir Adham bin Ahmad
Malaysia



Dr. Amir Adham bin Ahmad is subspecialty trained and possesses Fellowship Certificates in Hand & Microsurgery (Singapore) and Orthopaedic Trauma (Japan).

Actively involved in wide-awake surgery, he was selected as one of the editors for Walant Surgery. He has participated and organised several domestic and international scientific meetings and workshops pertaining to hand and wide-awake surgery. He also has authored multiple publications in international medical journals.

Dr. Amir treats disorders of the hands and upper limbs. Not all problems require surgery. The majority of Dr. Amir's patients are managed with a course of splinting, therapy, injections and medications.

Dr. Amir is well versed in both non-operative and surgical care of all disorders of the hand and upper limb. He treats all types of upper extremity conditions including arthritis, complex trauma, fractures, nerve compression, hand and wrist deformities, infections and tumours, occupational injuries, sports injuries, and fingertip injuries, as well as revision of previous surgeries.

The hand is one of the most intricate and flexible structures in the human body, unsurpassed in sensitivity, mobility and strength. Because of its usefulness and complexity, the hand is particularly susceptible to injury and disease. Care of the hand requires specialized attention – the type of attention that Dr. Amir provides.



Carlos Ramos Pina
Portugal

Dr. Carlos Ramos de Pina is Capeverdean born-Portuguese Orthopedic Surgeon. Obtained the Medical Degree in 2004 by the Instituto de Ciências Biomédicas Abel Salazar, at Oporto University. Officer of Portuguese Army with a commission in Afghanistan in 2008, currently on reserve. Orthopedic residency in Centro Hospitalar e Universitário de Coimbra between 2008-2014.

Past Visiting Fellow at:

- Hand to Shoulder Institute at Thomas Jefferson University in Philadelphia, USA, with Dr. Lee Osterman.
- Hand and Microsurgery Unit of the Instituto de Ortopedia e Traumatologia, Faculdade de Medicina da Universidade de São Paulo, Brazil, with Professor James Matta Junior.
- Hand Surgery unit at Hospital Universitário de Santa Cristina, Madrid, Spain with Professor Juan Gonzales Del Pino.

Currently practicing hand surgery in Centro Hospitalar de Leiria, Portugal, serving as the coordinator of the Ambulatory Unit of Hand and Arthroscopy Surgery.

Current Member of the Coordination Group of the Study of Wrist and hand pathology of the Portuguese Orthopedics and Traumatology Society.



Donald H. Lalonde
Canada

Dr. Donald H. Lalonde is a professor in the division of plastic and reconstructive surgery at Dalhousie University in Saint John, New Brunswick, Canada. In 2009, he became the first Canadian plastic surgeon to be elected to chair the American Board of Plastic Surgery. He is also a Past President of the American Association for Hand Surgery, Past President of the Canadian Society of Plastic Surgeons, and Past Chairman of the Royal College of Physicians and Surgeons of Canada (RCPSC) specialty committee of Plastic Surgery and the examination board in Plastic Surgery.

Dr. Lalonde has shared his expertise around the globe. He has been an invited visiting professor more than 35 times in Canada and the US, and has been an invited speaker to more than 200 international presentations. He was an invited speaker at the 2015 ASHT annual meeting in Denver, at which time he was also made an honorary member of ASHT. He has more than 100 peer reviewed journal publications and 10 book chapters, and he is currently the Continuing Medical Education/Maintenance of Certification section editor for the Journal of Plastic and Reconstructive Surgery. This past December he published Wide Awake Hand Surgery, a surgeon's (and therapist's) guide to Wide Awake Local Anesthesia No Tourniquet surgical technique, or WALANT.



Luís Vieira
Portugal

Luís Vieira is a Senior Resident in Plastic Reconstructive and Aesthetic Surgery in Hospital de São José, Lisboa, Portugal, an Hospital with a large tradition in Hand Surgery. Part of his surgical training has been developed in other Units, such as Gaia Hospital (Portugal), Instituto Dr. Piñal (Santander, Spain) and Uppsala University Hospital (Sweden, Microsurgery Fellowship).

As a resident in a busy emergency department for Hand trauma, Luís Vieira has integrated the WALANT techniques into his practice, in a pursuit for safe and functional reconstructions.

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17:15-17:25h	Opening
17:25-17:30h	Welcome and Course presentation Fernando da Silva Cruz, <i>SPOCMA President</i>
17:30-18:00h	WALANT Principles and technique Donald H. Lalonde, <i>Canada</i>
18:00-18:20h	Walant in the emergency room – A resident's view Luís Vieira, <i>Portugal</i>
18:20-19:00h	Walant in elective surgery Carlos Ramos Pina, <i>Portugal</i>
18:40-19:00h	Walant – Limits of the technique Amir Adham Ahmad, <i>Malaysia</i>
19:00-19:20h	Tips and tricks for beginners Donald H. Lalonde, <i>Canada</i>
19:20-19:30h	Q&A / Closure

REGISTRATION FEES

www.admedic.pt

SPOCMA/FESHH/IFSSH members and residents	20,00€
Non-members	30,00€

(VAT included)

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