

# APU 2021 CONGRESSO

ASSOCIAÇÃO PORTUGUESA DE UROLOGIA

EPIC SANA LISBOA HOTEL  
NOVEMBER 26-28, 2021

FUTURE UROLOGY  
TODAY

NOVEMBER 26-27

NURSING  
DAYS

**Presidency:** Heloísa Oliveira

**Scientific committee:** Ana Carina Soares, Carla Matos, Isabel Mendes, Márcio Ribeiro and Paula Girão

**Organizing committee:** Aida Santos, Anabela Brasiel, Daniela Matias, Fátima Lopes, Fernando Miranda, Isabel Sousa, Mafalda Esteves, Micaela Nogueira, Pedro Parrinha, Rita Andrade, Rui Santos and Sabrina Cunha

## WORKSHOPS

**WKS 1** Endourology | **WKS 2** Heated Mitomycin, New Option  
**WKS 3** Flexibles Endoscopes | **WKS 4** Intermittent Catheterization

- *Beyond the pandemic, what we've learned...*
- *Present and future of robotic, how to care*
- *The motivation and strength of professionals*
- *Sexuality and urology*
- *Urology and outpatient*
- *Nursing and the future*
- *Nurses within the health professions*
- *APEU (Portuguese Association of Urology Nurses)*
  - *From the path taken to the projection of the future*

## COURSE PROGRAM

INTERNATIONAL NURSE COURSE

Friday, November 26 – 02:00pm-07:15pm  
Saturday, November 27 – 08:30am-07:30pm

## NOVEMBER 26, 2021 – FRIDAY

01:30Pm Registration desk opening

### 02:00pm-07:00pm **INTERNATIONAL NURSE COURSE (1<sup>ST</sup> DAY)**

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02:00pm-03:15pm **WORKSHOP 1 | ENDOUROLOGY**

*Boston Space*

03:15pm-04:30pm **WORKSHOP 2 | HEATED MITOMYCIN, NEW OPTION**

*Medicinalia Space*

04:30pm-04:45pm *Coffee-break*

04:45pm-05:45pm **WORKSHOP 3 | FLEXIBLES ENDOSCOPES**

*Olympus Space*

06:00pm-07:00pm **WORKSHOP 4 | INTERMITTENT CATHETERIZATION**

*Lofric/Teprel Space*

## NOVEMBER 27, 2021 – SATURDAY

08:00am Registration desk opening

### 08:30am-07:30pm **INTERNATIONAL NURSE COURSE (2<sup>ST</sup> DAY)**

09:15am-10:15am **ROUND TABLE BEYOND THE PANDEMIC, WHAT WE'VE LEARNED...**

Moderator: Heloísa Oliveira

Speaker: Tiago Santos

**Organizational efficiency in time of pandemic. What challenges?**

Paula Allchorne

**Distance care – What are the strategies and emotional management**

Stefano Terzoni

**Organization/Structuring of the six CHULC hospital units and of professionals in the course of the Pandemic**

Maria José Costa Dias

10:15am-10:40am *Coffee-break*

10:40am-11:00am **OPENING CEREMONY**

Luís Campos Pinheiro, Maria José Costa Dias, Tiago Santos and Heloísa Oliveira

11:00am-12:15pm **ROUND TABLE PRESENT AND FUTURE OF ROBOTIC, HOW TO CARE**

Moderator: Leandro Luís

Speaker: Tiago Barreto

**Robotics applied to Urology, what benefits – Clinical perspective**

João Pina

**Cost-benefit of robotic surgery**

Isabel Mendes and Ricardo Silva

**Importance of nurses in the entire Robotic Surgery process**

Andreia Ferreira

**Adapting nursing care to new approaches – ERAS Protocol**

Rute Claro

|                 |  |
|-----------------|--|
| 12:15pm-01:00pm | <b>CONFERENCE THE MOTIVATION AND STRENGTH OF PROFESSIONALS</b><br>Commentator: Ana Carina Soares<br>Speaker: Ricardo Cabete  |
| 01:00pm-02:00pm | <i>Lunch</i>   |
| 02:00pm-03:00pm | <b>CONFERENCE SEXUALITY AND UROLOGY, WHEN THE DYSFUNCTION IS PSYCHOLOGICAL</b><br>Commentators: Fortunato Barros and Márcio Ribeiro<br>Speaker: Fernando Mesquita  |
| 03:00pm-04:00pm | <b>ROUND TABLE UROLOGY AND OUTPATIENT</b><br>Moderator: Isabel Daniel<br>Speaker: Carla Matos<br><b>Importance of minimally invasive procedures</b><br>Francisco Fernandes<br><b>Nursing Reality in Outpatient Surgery</b><br>Maria das Neves Diniz and Ana Marinho Diniz<br><b>Urological Patient at Home – What are the needs?</b><br>Úrsula Barradas  |
| 04:00pm-04:15pm | <i>Coffee-break</i>  |
| 04:15pm-06:15pm | <b>ROUND TABLE NURSING AND THE FUTURE</b><br>Moderator: Lucília Nunes<br>Speaker: President of the Order of Nurses/representative (To be appointed)<br><b>Nursing what are the challenges? We are ready...</b><br>Áurea Andrade<br><b>Nursing what are the challenges? How to prepare</b><br>Maria Céu Marques<br><b>APP – “Urologia consigo, Continuamos Ligados” – A project</b><br>Aida Santos<br><b>APP- “+ PERTO” – The reality</b><br>Elsa Rodrigues and Tiago Araújo<br><b>The application of Artificial Intelligence and professional marketing</b><br>Filipa Abrantes |
| 06:15pm-07:00pm | <b>CONFERENCE NURSES WITHIN THE HEALTH PROFESSIONS</b><br>Commentator: Sérgio Gomes<br>Speaker: Manuel Lopes   |
| 07:00pm-07:30pm | <b>APEU (PORTUGUESE ASSOCIATION OF UROLOGY NURSES)</b><br><b>FROM THE PATH TAKEN TO THE PROJECTION OF THE FUTURE</b><br>Teresa Aires, Cândido Mota, Isabel Mendes and Rui Santos   |
| 07:30pm         | <b>CLOSING SESSION</b><br>José Abelha and Maria João Freitas   |

**PRESIDENCY** Heloísa Oliveira

**SCIENTIFIC COMMITTEE** Ana Carina Soares, Carla Matos, Isabel Mendes, Márcio Ribeiro and Paula Girão

**ORGANIZING COMMITTEE** Aida Santos, Anabela Brasiel, Daniela Matias, Fátima Lopes, Fernando Miranda, Isabel Sousa, Mafalda Esteves, Micaela Nogueira, Pedro Parrinha, Rita Andrade, Rui Santos and Sabrina Cunha

#### **COURSE INTERVENING**

**Heloísa Oliveira** | CRI Manager Nurse - Urology/ CHUL Central (H.S. José)

**Tiago Santos** | Champalimaud Foundation Nurse / EAUN Representative in Portugal

**Paula Allchorne** | Lead Urology Nurse, Barts Health NHS Trust, London/ Current EAU Vice President

**Stefano Terzoni** | Managing Nurse (Urology) - Hospital de San Paolo in Milan/Teacher at Faculty Degli Studi Pi Milano

**Maria José Costa Dias** | CHUL Central Director of Nursing

**Luís Campos Pinheiro** | Coordinator of the Surgery Area, Responsible for CRI Urology CHUL Central (H.S. José)

**Leandro Luís** | CHUL Central Administrator

**Tiago Barreto** | Nurse - CHUL Central (H. Curry Cabral)

**João Pina** | CHUL Central Urologist (H.S. José)

**Isabel Mendes** | Nurse - CHUL Central (H.S. José)

**Ricardo Silva** | Nurse - CHUL Central (H.S. José)

**Andreia Ferreira** | Champalimaud Foundation Nurse

**Rute Claro** | Nurse - Hospital Beatriz Ângelo

**Ricardo Cabete** | Specialist in Emotional Intelligence/coaching

**Ana Carina Soares** | Nurse - CHUL Central (H.S. José)

**Fernando Mesquita** | Psychologist/Sexologist

**Fortunato Barros** | Urologist - CH Oeste

**Márcio Ribeiro** | Nurse - CHUL Central (H.S. José)

**Isabel Daniel** | Nurse - CHUL Central (H. Curry Cabral)

**Carla Matos** | Nurse - CHUL Central (H.S. José)

**Francisco Fernandes** | CHUL Central Urologist (H.S. José)

**Maria das Neves Diniz** | Nurse - CHUL Central (H. Curry Cabral)

**Ana Marinho Diniz** | Nurse - CHUL Central (H. Curry Cabral)

**Úrsula Barradas** | Nurse - (H. Garcia Orta)

**Lucília Nunes** | Professor at Escola Superior de Saúde de Setúbal

**President of the Order of Nurses/representative** (To be appointed)

**Áurea Andrade** | Nurse Director of CHU Coimbra / President of the Director Nurses Association

**Maria Céu Marques** | Professor at University of Évora

**Aida Santos** | Nurse - CHUL Central (H.S. José)

**Elsa Rodrigues** | Nurse - C.H Tâmega e Sousa

**Tiago Araújo** | Nurse - CH Tâmega e Sousa

**Filipa Abrantes** | Digital and Média Manager HUAWEI

**Manuel Lopes** | Professor/Director of University of Évora

**Sérgio Gomes** | Chief Nursing Officer / DGS

**Teresa Aires** | Nurse – APEU Founder

**Cândido Mota** | Nurse – APEU Founder

**Rui Santos** | Nurse - CHUL Central (H.S. José)

**José Abelha** | Nurse Manager and Deputy Director of CHUL Central (H.S. José)

**Maria João Freitas** | CHUL Central Administrator

#### **REGISTRATIONS AVAILABLE**

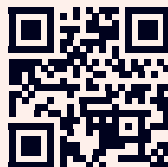
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#### **ORGANIZATION**

**ASSOCIAÇÃO PORTUGUESA DE UROLOGIA**

**CHULC - Lisboa (Hospital de São José)**

#### **CONGRESS PROGRAM**



#### **SCIENTIFIC SECRETARIAT**



#### **CONGRESS SECRETARIAT**



#### **REGISTRATION FEE**

**75,00€ (includes lunch)**