

10
years
2016 - 2026

Live Surgery Urogynecology Course ^{5th edition}

Robotic Surgery, Prolapse, Neuromodulation
& Advances in Onco-Urogynecology

Pestana Palace Hotel, Lisbon
May 29-30, 2026



Scientific Programme



Live Surgery - Urogynecology Course 5th Edition

Robotic Surgery, Prolapse, Neuromodulation & Advances in Onco-Urogynecology

SCIENTIFIC PROGRAMME



Friday, 29th May 2026

07:30h Opening of the registration desk

08:30-08:45h **WELCOME SESSION**

08:45-10:00h **1ST SESSION ANATOMY & PELVIC ORGAN PROLAPSES – CAU SESSION**

Anatomy of prolapses for clinicians

Pelvic floor evaluation & physiopathology of pelvic organ prolapses

What is the place for mesh surgery in 2026. Controversy: Evidence vs. Emotion

10:00-10:30h **2ND SESSION PELVIC HEALTH IN THE ELDERLY WOMAN**

Genitourinary syndrome of menopause: What it is and how to treat it

Is urodynamics helpful in functional female urology

Urinary incontinence vs. emptying dysfunction in elderly women

Pelvic floor rehabilitation: Physiotherapy or whom?

Election of the patient and the ideal vaginal pessaries – What, when and how?

Pelvic surgery in elderly women and frailty

Estrogen replacement: Risks, benefits, when and how to do it?

10:30-10:45h **OPENING SESSION**

10:45-11:30h Coffee break and poster discussion

11:30-13:20h **3RD SESSION SEMI-LIVE SURGERY: SURGICAL MANAGEMENT OF APICAL POP – HOW I DO IT**

Vaginal native tissue repair: Meshless

Transvaginal repair with mesh sure-lift

Transvaginal repair with mesh BSC

v-NOTES vaginal hysterectomy

Laparoscopic pectopexy

Laparoscopic sacrocolpopexy

Robotic sacrocolpopexy

13:20-14:30h Lunch box (*coffee in the exhibition area*)

14:30-15:50h **4TH SESSION NOCTURIA & RECORRENT UTI & SEXUALLY TRANSMITTED DISEASES**

Nocturia: Symptom or disease? Advances in treatment

Recurrent urinary tract infection. Immunology of the disease

Evidence for prophylaxis of recurrent UTI in women: Probiotics, immunotherapy, vaccines, and other options

UTI in patients with intermittent catheterization: How to manage it!

Human papillomavirus (HPV): Human papillomavirus (HPV): From prophylaxis to conservative treatment. What to do?

Human papillomavirus (HPV) vaccination: From theory to clinical practice, how & when

15:50-16:40h **5TH SESSION NEW APROCHES**

Laser in pelvic floor disfunctions – Where are we now?

Other power energies in pelvic floor disfunctions: Tecartherapy and radiofrequency

Botulin toxin: Is there still a place

Luksenburg system for urinary incontinence

HIFU in endometriose

Future advancements in neuromodulation

16:40-17:00h Coffee break and poster discussion

17:00-18:30h **6TH SESSION ONCO-UROGYNOLOGY**

Breast cancer treatment and implications on sexuality and QoL

Therapeutic landscape of advance/recurrent endometrial and ovarian cancer

Does urogynecology have anything to say in the treatment of cancer women?

Controversies in active surveillance

Non-metastatic castration-resistant prostate cancer – Therapeutic decision

Metastatic prostate cancer – Current challenges in the treatment

Hormone-sensitive prostate cancer

Castration-resistant prostate cancer (CRPC)

Sexual healing in patients with prostate cancer on hormone therapy

18:30h End of the 1st day

Saturday, 30th May 2026



07:30h Opening of the registration desk

08:00-08:30h **LIVE SURGERY SURGICAL MANAGEMENT OF POP – ABDOMINAL APPROACH**
Robotic sacrocolpexy
Laparoscopic pectopexy

08:30-09:00h **7TH SESSION STRESS URINARY INCONTINENCE**
Will mini-slings stand the test of time? Are mini-slings so different between them?
Should we avoid mesh in stress incontinence's treatment?
Autologous fascial sling – Alive & kicking in 2026

09:00-09:40h **BACK TO LIVE SURGERY**
Robotic sacrocolpexy & laparoscopic pectopexy

09:40-10:20h **8TH SESSION UNDERACTIVE BLADDER**
The enigma of the underactive bladder: Current and future therapeutic strategies of detrusor underactivity
Stress incontinence and underactive bladder... How can I manage it?
Hyperactive detrusor and hypoactive detrusor – How to treat?

10:20-11:00h **BACK TO LIVE SURGERY**
Robotic sacrocolpexy & Laparoscopic Pectopexy

11:00-11:30h Coffee break and poster discussion

11:30-11:50h **9TH SESSION OVERACTIVE BLADDER –PIERRE-FABRE SIMPOSIUM**
New approach to the medical treatment of OAB

11:50-12:10h **BACK TO LIVE SURGERY**
Robotic sacrocolpexy & laparoscopic pectopexy

12:10-13:00h	10TH SESSION SEMI-LIVE SURGERY: IS THERE SURGICAL TREATMENT FOR IDIOPATHIC OVERACTIVE BLADDER? CESA/VASA mesh Botulin toxin injection: Is there still a place The new era of neuromodulation/neurostimulation
13:00-14:00h	Lunch box (<i>coffee in the exhibition area</i>)
14:00-14:45h	11TH SESSION OVERACTIVE BLADDER – ASTELLAS 10 years of Mirabegron
14:45-15:10h	12TH SESSION CURRENT STATE OF TREATMENT OF SUI WITH HIGH GRADE OF INTRINSIC SPHINCTER DEFICIENCY Adjustable slings Are bulking agents a good alternative? Is artificial urinary sphincter a good option in women? Laparoscopic/robotic approach
15:10-16:20h	13TH SESSION CROSS FIRE SESSION Idiopathic female urethral stricture vs. functional obstruction? Does idiopathic female urethral stenosis exist? Or it is a functional obstruction?
16:20-16:50h	Coffee break
16:50-17:50h	14TH SESSION CONTROVERSIES Clinical applicability of pelvic floor imaging: What is the evidence? From the diagnose in the office to the treatment in the operating theatre Female urethral strictures – Management options Urogenital fistulas in women Abdominal vs. vaginal route
17:50-18:00h	CLOSING SESSION

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UNIDADE LOCAL DE SAÚDE
SÃO JOSÉ

Unidade Local de Saúde de São José
Saint Joseph's Local Health Unit



Centro de Responsabilidade Integrado
de Urologia

Head of the Department of Urology

Luís Campos Pinheiro, MD, PhD

Course Coordinator

Frederico Ferronha, MD

Registration and abstract submission available online at www.admedic.pt

	Early bird registration until april 14 th	Regular registration until april 29 th	Registration from april 30 th to may 28 th
Specialists	250,00€	300,00€	400,00€
Residents	160,00€	210,00€	310,00€
Nurses	160,00€	210,00€	310,00€
Students	160,00€	210,00€	310,00€

Deadline for abstracts submision April 30th, 2026

Organisation and Secretariat

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CONGRESS, MEETING
& EVENT MANAGEMENT

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