

10  
years  
2016 - 2026

# Live Surgery Urogynecology Course <sup>5<sup>th</sup></sup> edition

Robotic Surgery, Prolapse, Neuromodulation  
& Advances in Onco-Urogynecology

Pestana Palace Hotel, Lisbon  
May 29-30, 2026



## Scientific Programme



# Live Surgery – Urogynecology Course 5<sup>th</sup> Edition

Robotic Surgery, Prolapse, Neuromodulation & Advances in Onco-Urogynecology

## SCIENTIFIC PROGRAMME



Friday, 29<sup>th</sup> May 2026

- 07:30h      Opening of the registration desk
- 08:30-08:45h      **WELCOME SESSION**
- 08:45-10:00h      **1<sup>ST</sup> SESSION ANATOMY & PELVIC ORGAN PROLAPSES – CAU SESSION**  
Anatomy of prolapses for clinicians  
Pelvic floor evaluation & physiopathology of pelvic organ prolapses  
What is the place for mesh surgery in 2026. Controversy: Evidence vs. Emotion
- 10:00-10:30h      **2<sup>ND</sup> SESSION PELVIC HEALTH IN THE ELDERLY WOMAN**  
Genitourinary syndrome of menopause: What it is and how to treat it  
Is urodynamics helpful in functional female urology  
Urinary incontinence vs. emptying dysfunction in elderly women  
Pelvic floor rehabilitation: Physiotherapy or whom?  
Election of the patient and the ideal vaginal pessaries – What, when and how?  
Pelvic surgery in elderly women and frailty  
Estrogen replacement: Risks, benefits, when and how to do it?
- 10:30-10:45h      **OPENING SESSION**
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- 10:45-11:30h      Coffee break and poster discussion
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- 11:30-13:20h      **3<sup>RD</sup> SESSION SEMI-LIVE SURGERY: SURGICAL MANAGEMENT OF APICAL POP – HOW I DO IT**  
Vaginal native tissue repair: Meshless  
Transvaginal repair with mesh sure-lift  
Transvaginal repair with mesh BSC  
v-NOTES vaginal hysterectomy  
Laparoscopic pectopexy  
Laparoscopic sacrocolpopexy  
Robotic sacrocolpopexy

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13:20-14:30h    Lunch box *(coffee in the exhibition area)*

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14:30-15:50h    **4<sup>TH</sup> SESSION NOCTURIA & RECURRENT UTI & SEXUALLY TRANSMITTED DISEASES**

Nocturia: Symptom or disease? Advances in treatment

Recurrent urinary tract infection. Immunology of the disease

Evidence for prophylaxis of recurrent UTI in women: Probiotics, immunotherapy, vaccines, and other options

UTI in patients with intermittent catheterization: How to manage it!

Human papillomavirus (HPV): Human papillomavirus (HPV): From prophylaxis to conservative treatment. What to do?

Human papillomavirus (HPV) vaccination: From theory to clinical practice, how & when

15:50-16:40h    **5<sup>TH</sup> SESSION NEW APPROCHES**

Laser in pelvic floor disfunctions – Where are we now?

Other power energies in pelvic floor disfunctions: Tecartherapy and radiofrequency

Botulin toxin: Is there still a place

Luksenburg system for urinary incontinence

HIFU in endometriose

Future advancements in neuromodulation

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16:40-17:00h    Coffee break and poster discussion

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17:00-18:30h    **6<sup>TH</sup> SESSION ONCO-UROGYNOLOGY**

Breast cancer treatment and implications on sexuality and QoL

Therapeutic landscape of advance/recurrent endometrial and ovarian cancer

Does urogynecology have anything to say in the treatment of cancer women?

Controversies in active surveillance

Non-metastatic castration-resistant prostate cancer – Therapeutic decision

Metastatic prostate cancer – Current challenges in the treatment

    Hormone-sensitive prostate cancer

    Castration-resistant prostate cancer (CRPC)

Sexual healing in patients with prostate cancer on hormone therapy

18:30h            End of the 1<sup>st</sup> day



Saturday, 30<sup>th</sup> May 2026



- 07:30h      Opening of the registration desk
- 08:00-08:30h    **LIVE SURGERY SURGICAL MANAGEMENT OF POP – ABDOMINAL APPROACH**  
Robotic sacrocolpexy  
Laparoscopic pectopexy
- 08:30-09:00h    **7<sup>TH</sup> SESSION STRESS URINARY INCONTINENCE**  
Will mini-slings stand the test of time? Are mini-slings so different between them?  
Should we avoid mesh in stress incontinence's treatment?  
Autologous fascial sling – Alive & kicking in 2026
- 09:00-09:40h    **BACK TO LIVE SURGERY**  
Robotic sacrocolpexy & laparoscopic pectopexy
- 09:40-10:20h    **8<sup>TH</sup> SESSION UNDERACTIVE BLADDER**  
The enigma of the underactive bladder: Current and future therapeutic strategies of detrusor underactivity  
Stress incontinence and underactive bladder... How can I manage it?  
Hyperactive detrusor and hypoactive detrusor – How to treat?
- 10:20-11:00h    **BACK TO LIVE SURGERY**  
Robotic sacrocolpexy & Laparoscopic Pectopexy
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- 11:00-11:30h    Coffee break and poster discussion
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- 11:30-11:50h    **9<sup>TH</sup> SESSION OVERACTIVE BLADDER –PIERRE-FABRE SIMPOSIUM**  
New approach to the medical treatment of OAB
- 11:50-12:10h    **BACK TO LIVE SURGERY**  
Robotic sacrocolpexy & laparoscopic pectopexy

12:10-13:00h	<b>10<sup>TH</sup> SESSION SEMI-LIVE SURGERY: IS THERE SURGICAL TREATMENT FOR IDIOPATHIC OVERACTIVE BLADDER?</b> CESA/VASA mesh Botulin toxin injection: Is there still a place The new era of neuromodulation/neurostimulation
13:00-14:00h	Lunch box <i>(coffee in the exhibition area)</i>
14:00-14:45h	<b>11<sup>TH</sup> SESSION OVERACTIVE BLADDER – ASTELLAS</b> 10 years of Mirabegron
14:45-15:10h	<b>12<sup>TH</sup> SESSION CURRENT STATE OF TREATMENT OF SUI WITH HIGH GRADE OF INTRINSIC SPHINCTER DEFICIENCY</b> Adjustable slings Are bulking agents a good alternative? Is artificial urinary sphincter a good option in women? Laparoscopic/robotic approach
15:10-16:20h	<b>13<sup>TH</sup> SESSION CROSS FIRE SESSION</b> Idiopathic female urethral stricture vs. functional obstruction? Does idiopathic female urethral stenosis exist? Or it is a functional obstruction?
16:20-16:50h	Coffee break
16:50-17:50h	<b>14<sup>TH</sup> SESSION CONTROVERSIES</b> Clinical applicability of pelvic floor imaging: What is the evidence? From the diagnose in the office to the treatment in the operating theatre Female urethral strictures – Management options Urogenital fistulas in women Abdominal vs. vaginal route
17:50-18:00h	<b>CLOSING SESSION</b>

## Scientific Sponsor



UNIDADE LOCAL DE SAÚDE  
**SÃO JOSÉ**

Unidade Local de Saúde de São José  
*Saint Joseph's Local Health Unit*



Centro de Responsabilidade Integrado  
de Urologia

## Head of the Department of Urology

Luís Campos Pinheiro, MD, PhD

## Course Coordinator

Frederico Ferronha, MD

**Registration and abstract submission available online at [www.admedic.pt](http://www.admedic.pt)**

	Early bird registration until april 14 <sup>th</sup>	Regular registration until april 29 <sup>th</sup>	Registration from april 30 <sup>th</sup> to may 28 <sup>th</sup>
Specialists	250,00€	300,00€	400,00€
Residents	160,00€	210,00€	310,00€
Nurses	160,00€	210,00€	310,00€
Students	160,00€	210,00€	310,00€

**Deadline for abstracts submission April 30<sup>th</sup>, 2026**

## Organisation and Secretariat

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CONGRESS, MEETING  
& EVENT MANAGEMENT

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