

Bootcamp de Urologia

ESU Lisboa 2026

Lisbon Urology Bootcamp 2026

20 de novembro de 2026

November 20st 2026



Hospital das Forças Armadas | Campus de Saúde Militar

PROGRAMA CIENTÍFICO
SCIENTIFIC PROGRAM

OBJECTIVOS *PURPOSE*

Proporcionar a Internos de Urologia competências técnicas básicas de laparoscopia, ressecção transuretral e endoscopia do aparelho urinário superior e inferior, dentro do enquadramento *standard* dos programas de treino da ESU.

To provide basic technical skills for Urology Residents, including basic laparoscopy, transurethral resection and endoscopy of the upper and lower urinary tract, within the framework of a standardized ESU training program.

METODOLOGIA *METHODOLOGY*

Curso prático de treino em simuladores, com módulos orientados para as competências técnicas. Rácio formador/formando 1:1.

Hands-on training course with modules focused on technical skills simulation training. 1:1 trainer/trainee ratio.

DESTINATÁRIOS *ADDRESSEES*

Internos de Urologia Portugueses do 1º ano.

1st year Portuguese Urology Residents.

MODULE A Laparoscopic skills COORDINATOR: Tito Leitão

LEARNING OBJECTIVES

- To know basic laparoscopic principles
- To identify and handle laparoscopic equipment
- To know pneumoperitoneum establishment techniques
- To execute basic laparoscopic tasks (depth perception, eye-hand coordination, bimanual dexterity)

MODULE B Upper urinary tract endoscopic skills COORDINATOR: Sérgio Pereira

LEARNING OBJECTIVES

- To know basic endoscopic principles of the upper urinary tract
- To identify and handle endoscopic equipment
- To execute basic endoscopic tasks of the upper urinary tract (ureteric catheterization, guidewire placement, rigid ureteroscopy, access sheath placement, flexible ureterorenoscopy, basket handling)

MODULE C Transurethral resection skills COORDINATOR: Daniel Reis

LEARNING OBJECTIVES

- To know basic transurethral resection principles
- To know basic resection energy principles
- To identify and handle transurethral resection equipment
- To execute transurethral resection of the bladder
- To execute transurethral resection of the prostate
- To execute bladder washout

MODULE D Lower urinary tract endoscopic skills COORDINATOR: Pedro Oliveira

LEARNING OBJECTIVES

- To know basic endoscopic principles of the lower urinary tract
- To identify and handle endoscopic equipment
- To execute basic endoscopic tasks of the lower urinary tract (rigid & flexible cystoscopy)
- To know bladder catheterization equipment
- To execute bladder catheterization

PROGRAMA PROGRAM

AUDITÓRIO

08:00-08:15h Opening and registration

08:15-08:40h **Welcome session**

EDIFÍCIO DO UEFISM

08:40-09:00h **The ESU Urology Boot Camp I** Tiago Oliveira

09:00-11:00h **1st hands-on session**

Module A: group 1

Module B: group 2

Module C: group 3

Module D: group 4

11:00-11:15h Coffee break

11:15-13:15h **2nd hands-on session**

Module A: group 4

Module B: group 1

Module C: group 2

Module D: group 3

13:15-14:15h Lunch

14:15-16:15h **3rd hands-on session**

Module A: group 3

Module B: group 4

Module C: group 1

Module D: group 2

16:15-16:30h Coffee break

16:30-18:30h **4th hands-on session**

Module A: group 2

Module B: group 3

Module C: group 4

Module D: group 1

18:30-18:45h **Debriefing**

18:45-19:00h **End of course**

19:00-21:00h Course dinner

DIREÇÃO COURSE DIRECTORS

Paulo Campos, BGEN MED | *Director of UEFISM*

Evangelos Liatsikos, MD PhD | *Chairman of the European School of Urology; Director of the Urology Department of Patras Hospital*

José Monge, BGEN MED | *Director of HFAR*

José Palma dos Reis, MD | *Director of the Urology University Clinic of FMUL; Director of the Urology Department of ULS Santa Maria*

Luis Abranches-Monteiro, MD | *President of the College of Urology of the Medical Association; Member of the Neuro-Urology Committee of the International Continence Society; Director of the Urology Department at Egas Moniz Hospital*

Pedro Nunes, MD | *President of the Portuguese Urology Association; Hospital Assistant at CHUC (Coimbra Hospital and University Centre); Guest Assistant Professor at Faculty of Medicine, University of Coimbra; Urologist at Coimbra Urology Centre*

ORGANIZAÇÃO ORGANIZING COMMITTEE

Ben Van Cleynenbreugel, MD PhD | *ESU Board Member; ESU Bootcamp Committee; Consultant Urologist at KU Leuven, Belgium*

Chandra Shekhar Biyani, MD | *ESU Bootcamp Committee; Consultant Urologist at Leeds Teaching Hospitals, NHS T, UK*

Tiago Ribeiro Oliveira, MD | *ESU Bootcamp Committee; EAU Lower Urinary Tract Working Group head; EAU Laparoscopic Surgery Working Group member; Director of the Urology Department of HFAR-PL; Urologist at ULS Santa Maria, Lisboa*

VAGAS VACANCIES

20 formandos | *20 delegates*

DURAÇÃO DO CURSO COURSE TIME

11 horas presenciais. 17 horas de estudo | *11 hours at the course site. 17 pre-course e-learning hours*

LOCAL VENUE

Hospital das Forças Armadas, Campus de Saúde Militar

LÍNGUAS OFFICIAL LANGUAGES

Português / Inglês | *Portuguese / English*

ORGANIZAÇÃO ORGANIZATION



UNIDADE LOCAL DE SAÚDE
SANTA MARIA



HOSPITAL DAS
FORÇAS ARMADAS

COM A COLABORAÇÃO DA UEFISM WITH THE COOPERATION OF UEFISM



APOIO ENDORSEMENT



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