Com a colaboração da UEFISM
*With the cooperation of UEFISM*

# Bootcamp de Urologia ESU Lisboa 2026

## *Lisbon Urology Bootcamp 2026*

## 20 de novembro de 2026

## *November 20th 2026*

## Hospital das Forças Armadas | Campus de Saúde Militar


**SECRETARIADO** *SECRETARIAT*

admédic
ORGANIZAÇÃO E SECRETARIADO DE EVENTOS

+351 21 842 97 10 (chamada para a rede fixa nacional)
paula.cordeiro@admedic.pt
**www.admedic.pt**

## OBJECTIVOS *PURPOSE*

Proporcionar a Internos de Urologia competências técnicas básicas de laparoscopia, ressecção transuretral e endoscopia do aparelho urinário superior e inferior, dentro do enquadramento *standard* dos programas de treino da ESU.

*To provide basic technical skills for Urology Residents, including basic laparoscopy, transurethral resection and endoscopy of the upper and lower urinary tract, within the framework of a standardized ESU training program.*

## METODOLOGIA *METHODOLOGY*

Curso prático de treino em simuladores, com módulos orientados para as competências técnicas. Rácio formador/formando 1:1.

*Hands-on training course with modules focused on technical skills simulation training. 1:1 trainer/trainee ratio.*

## DESTINATÁRIOS *ADDRESSEES*

Internos de Urologia Portugueses do 1º ano.

*1st year Portuguese Urology Residents.*

**MODULE A Laparoscopic skills** COORDINATOR: Tito Leitão

LEARNING OBJECTIVES

– To know basic laparoscopic principles
– To identify and handle laparoscopic equipment
– To know pneumoperitoneum establishment techniques
– To execute basic laparoscopic tasks (depth perception, eye-hand coordination, bimanual dexterity)

**MODULE B Upper urinary tract endoscopic skills** COORDINATOR: Sérgio Pereira

LEARNING OBJECTIVES

– To know basic endoscopic principles of the upper urinary tract
– To identify and handle endoscopic equipment
– To execute basic endoscopic tasks of the upper urinary tract (ureteric catheterization, guidewire placement, rigid ureteroscopy, access sheath placement, flexible ureterorenoscopy, basket handling)

**MODULE C Transurethral resection skills** COORDINATOR: Daniel Reis

LEARNING OBJECTIVES

– To know basic transurethral resection principles
– To know basic resection energy principles
– To identify and handle transurethral resection equipment
– To execute transurethral resection of the bladder
– To execute transurethral resection of the prostate
– To execute bladder washout

**MODULE D Lower urinary tract endoscopic skills** COORDINATOR: Pedro Oliveira

LEARNING OBJECTIVES

– To know basic endoscopic principles of the lower urinary tract
– To identify and handle endoscopic equipment
– To execute basic endoscopic tasks of the lower urinary tract (rigid & flexible cystoscopy)
– To know bladder catheterization equipment
– To execute bladder catheterization

## PROGRAMA *PROGRAM*

**AUDITÓRIO**

| | | |
|---|---|---|
| 08:00-08:15h | Opening and registration | |
| 08:15-08:40h | **Welcome session** | |

**EDIFÍCIO DO UEFISM**

| | | |
|---|---|---|
| 08:40-09:00h | **The ESU Urology Boot Camp I** Tiago Oliveira | |
| 09:00-11:00h | **1st hands-on session** | |
| | Module A: group 1 | Module C: group 3 |
| | Module B: group 2 | Module D: group 4 |
| 11:00-11:15h | Coffee break | |
| 11:15-13:15h | **2nd hands-on session** | |
| | Module A: group 4 | Module C: group 2 |
| | Module B: group 1 | Module D: group 3 |
| 13:15-14:15h | Lunch | |
| 14:15-16:15h | **3rd hands-on session** | |
| | Module A: group 3 | Module C: group 1 |
| | Module B: group 4 | Module D: group 2 |
| 16:15-16:30h | Coffee break | |
| 16:30-18:30h | **4th hands-on session** | |
| | Module A: group 2 | Module C: group 4 |
| | Module B: group 3 | Module D: group 1 |
| 18:30-18:45h | **Debriefing** | |
| 18:45-19:00h | **End of course** | |
| 19:00-21:00h | Course dinner | |

## DIREÇÃO *COURSE DIRECTORS*

Paulo Campos, BGEN MED | *Director of UEFISM*

Evangelos Liatsikos, MD PhD | *Chairman of the European School of Urology; Director of the Urology Department of Patras Hospital*

José Monge, BGEN MED | *Director of HFAR*

José Palma dos Reis, MD | *Director of the Urology University Clinic of FMUL; Director of the Urology Department of ULS Santa Maria*

Luis Abranches-Monteiro, MD | *President of the College of Urology of the Medical Association; Member of the Neuro--Urology Committee of the International Continence Society; Director of the Urology Department at Egas Moniz Hospital*

Pedro Nunes, MD | *President of the Portuguese Urology Association; Hospital Assistant at CHUC (Coimbra Hospital and University Centre); Guest Assistant Professor at Faculty of Medicine, University of Coimbra; Urologist at Coimbra Urology Centre*

## ORGANIZAÇÃO *ORGANIZING COMMITTEE*

Ben Van Cleynenbreugel, MD PhD | *ESU Board Member; ESU Bootcamp Committee; Consultant Urologist at KU Leuven, Belgium*

Chandra Shekhar Biyani, MD | *ESU Bootcamp Committee; Consultant Urologist at Leeds Teaching Hospitals, NHS T., UK*

Tiago Ribeiro Oliveira, MD | *ESU Bootcamp Committee; EAU Lower Urinary Tract Working Group head; EAU Laparoscopic Surgery Working Group member; Director of the Urology Department of HFAR-PL; Urologist at ULS Santa Maria, Lisboa*

## VAGAS *VACANCIES*

20 formandos | *20 delegates*

## DURAÇÃO DO CURSO *COURSE TIME*

11 horas presenciais. 17 horas de estudo | *11 hours at the course site. 17 pre-course e-learning hours*

## LOCAL *VENUE*

Hospital das Forças Armadas, Campus de Saúde Militar

## LÍNGUAS *OFFICIAL LANGUAGES*

Português / Inglês | *Portuguese / English*

## ORGANIZAÇÃO *ORGANIZATION*

CFU Centro de Formação Pós-Graduada em Urologia
Centro Académico de Medicina de Lisboa

UNIDADE LOCAL DE SAÚDE
SANTA MARIA

HOSPITAL DAS
FORÇAS ARMADAS

## COM A COLABORAÇÃO DA UEFISM *WITH THE COOPERATION OF UEFISM*

## APOIO *ENDORSEMENT*

esu
eau
European
School
of Urology

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