

Bootcamp de Urologia ESU Lisboa 2025

Lisbon Urology Bootcamp 2025

21 de novembro de 2025

November 21st 2025



Hospital das Forças Armadas | Campus de Saúde Militar

PROGRAMA CIENTÍFICO
SCIENTIFIC PROGRAM

OBJECTIVOS *PURPOSE*

Proporcionar a Internos de Urologia competências técnicas básicas de laparoscopia, ressecção transuretral e endoscopia do aparelho urinário superior e inferior, dentro do enquadramento *standard* dos programas de treino da ESU.

To provide basic technical skills for Urology Residents, including basic laparoscopy, transurethral resection and endoscopy of the upper and lower urinary tract, within the framework of a standardized ESU training program.

METODOLOGIA *METHODOLOGY*

Curso prático de treino em simuladores, com módulos orientados para as competências técnicas. Rácio formador/formando 1:1.

Hands-on training course with modules focused on technical skills simulation training. 1:1 trainer/trainee ratio.

DESTINATÁRIOS *ADDRESSEES*

Internos de Urologia Portugueses do 1º ano.

1st year Portuguese Urology Residents.

MODULE A **Laparoscopic skills** COORDINATOR: Tito Leitão

LEARNING OBJECTIVES

- To know basic laparoscopic principles
- To identify and handle laparoscopic equipment
- To know pneumoperitoneum establishment techniques
- To execute basic laparoscopic tasks (depth perception, eye-hand coordination, bimanual dexterity)

MODULE B **Upper urinary tract endoscopic skills** COORDINATOR: Sérgio Pereira

LEARNING OBJECTIVES

- To know basic endoscopic principles of the upper urinary tract
- To identify and handle endoscopic equipment
- To execute basic endoscopic tasks of the upper urinary tract (ureteric catheterization, guidewire placement, rigid ureteroscopy, access sheath placement, flexible ureterorenoscopy, basket handling)

MODULE C **Transurethral resection skills** COORDINATOR: Daniel Reis

LEARNING OBJECTIVES

- To know basic transurethral resection principles
- To know basic resection energy principles
- To identify and handle transurethral resection equipment
- To execute transurethral resection of the bladder
- To execute transurethral resection of the prostate
- To execute bladder washout

MODULE D Lower urinary tract endoscopic skills **COORDINATOR:** Pedro Oliveira

LEARNING OBJECTIVES

- To know basic endoscopic principles of the lower urinary tract
- To identify and handle endoscopic equipment
- To execute basic endoscopic tasks of the lower urinary tract (rigid & flexible cystoscopy)
- To know bladder catheterization equipment
- To execute bladder catheterization

PROGRAMA PROGRAM

AUDITÓRIO

08:00-08:15h Opening and registration

08:15-08:40h **Welcome session**

EDIFÍCIO DO UEFISM

08:40-09:00h **The ESU Urology Boot Camp** | Tiago Oliveira

09:00-11:00h	1st hands-on session	
	Module A: group 1	Module C: group 3
	Module B: group 2	Module D: group 4

11:00-11:15h Coffee break

11:15-13:15h	2nd hands-on session	
	Module A: group 4	Module C: group 2
	Module B: group 1	Module D: group 3

13:15-14:15h Lunch

14:15-16:15h	3rd hands-on session	
	Module A: group 3	Module C: group 1
	Module B: group 4	Module D: group 2

16:15-16:30h Coffee break

16:30-18:30h	4th hands-on session	
	Module A: group 2	Module C: group 4
	Module B: group 3	Module D: group 1

18:30-18:45h **Debriefing**

18:45-19:00h **End of course**

19:00-21:00h Course dinner

DIREÇÃO **COURSE DIRECTORS**

Carlos Lobato, BGEN MED | *Director of UEFISM*

Evangelos Liatsikos, MD PhD | *Chairman of the European School of Urology; Director of the Urology Department of Patras Hospital*

José Monge, BGEN MED | *Director of HFAR*

José Palma dos Reis, MD | *Director of the Urology University Clinic of FMUL; Director of the Urology Department of ULS Santa Maria*

Luis Abranches-Monteiro, MD | *President of the College of Urology of the Medical Association; Member of the Neuro-Urology Committee of the International Continence Society; Director of the Urology Department at Egas Moniz Hospital*

Miguel Ramos, MD PhD | *President of the Portuguese Urology Association; Assistant Professor at ICBAS; Senior Hospital Assistant in Urology at Santo António Hospital Center*

ORGANIZAÇÃO **ORGANIZING COMMITTEE**

Ben Van Cleynenbreugel, MD PhD | *ESU Board Member; ESU Bootcamp Committee; Consultant Urologist at KU Leuven, Belgium*

Chandra Shekhar Biyani, MD | *ESU Bootcamp Committee; Consultant Urologist at Leeds Teaching Hospitals, NHS T, UK*

Tiago Ribeiro Oliveira, MD | *ESU Bootcamp Committee; EAU Lower Urinary Tract Working Group head; EAU Laparoscopic Surgery Working Group member; Director of the Urology Department of HFAR-PL; Urologist at ULS Santa Maria, Lisboa*

VAGAS **VACANCIES**

20 formandos | *20 delegates*

DURAÇÃO DO CURSO **COURSE TIME**

11 horas presenciais. 17 horas de estudo | *11 hours at the course site. 17 pre-course e-learning hours*

LOCAL **VENUE**

Hospital das Forças Armadas, Campus de Saúde Militar

LÍNGUAS **OFFICIAL LANGUAGES**

Português / Inglês | *Portuguese / English*

ORGANIZAÇÃO ORGANIZATION



UNIDADE LOCAL DE SAÚDE
SANTA MARIA



HOSPITAL DAS
FORÇAS ARMADAS

COM A COLABORAÇÃO DA UEFISM WITH THE COOPERATION OF UEFISM



APOIO ENDORSEMENT



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