

# Bootcamp de Urologia da ESU Lisboa 2022

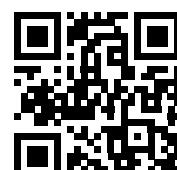
## Lisbon Urology Bootcamp 2022

19 de Novembro de 2022 | November 19th 2022



**Fortaleza de São Julião da Barra**

**PROGRAMA CIENTÍFICO**  
**SCIENTIFIC PROGRAM**



## **OBJECTIVOS PURPOSE**

Proporcionar a Internos de Urologia competências técnicas básicas de laparoscopia, ressecção transuretral e endoscopia do aparelho urinário superior e inferior, dentro do enquadramento *standard* dos programas de treino da ESU.

*To provide basic technical skills for Urology Residents, including basic laparoscopy, transurethral resection and endoscopy of the upper and lower urinary tract, within the framework of a standardized ESU training program.*

## **METODOLOGIA METHODOLOGY**

Curso prático de treino em simuladores, com módulos orientados para as competências técnicas. Rácio formador/formando 1:1.

*Hands-on training course with modules focused on technical skills simulation training. 1:1 trainer/trainee ratio.*

## **DESTINATÁRIOS ADDRESSEES**

Internos de Urologia Portugueses do 1º ano.

*1st year Portuguese Urology Residents.*

### **MODULE A Laparoscopic skills COORDINATOR:** Tito Leitão

**FACULTY:** Luís Osório, Tiago Mendonça, Rui Lúcio & Nuno Domingues

#### **LEARNING OBJECTIVES**

- To know basic laparoscopic principles
- To identify and handle laparoscopic equipment
- To know pneumoperitoneum establishment techniques
- To execute basic laparoscopic tasks (depth perception, eye-hand coordination, bimanual dexterity)

### **MODULE B Upper urinary tract endoscopic skills COORDINATOR:** Sérgio Pereira

**FACULTY:** Pedro Monteiro, Francisco Fernandes, Afonso Castro & Filipe Lopes

#### **LEARNING OBJECTIVES**

- To know basic endoscopic principles of the upper urinary tract
- To identify and handle endoscopic equipment
- To execute basic endoscopic tasks of the upper urinary tract (ureteric catheterization, guidewire placement, rigid ureteroscopy, access sheath placement, flexible ureterorenoscopy, basket handling)

### **MODULE C Transurethral resection skills COORDINATOR:** José Dias

**FACULTY:** Álvaro Nunes, Celso Marialva, Rodrigo Ramos & Daniel Reis

#### **LEARNING OBJECTIVES**

- To know basic transurethral resection principles
- To know basic resection energy principles
- To identify and handle transurethral resection equipment
- To execute transurethral resection of the bladder
- To execute transurethral resection of the prostate
- To execute bladder washout

## **MODULE D Lower urinary tract endoscopic skills** COORDINATOR: Pedro Oliveira

**FACULTY:** Alberto Silva, João Felício, David Martinho & Carolina Ponte

### **LEARNING OBJECTIVES**

- To know basic endoscopic principles of the lower urinary tract
- To identify and handle endoscopic equipment
- To execute basic endoscopic tasks of the lower urinary tract (rigid & flexible cystoscopy)
- To know bladder catheterization equipment
- To execute bladder catheterization

### **PROGRAMA PROGRAM**

08:00-08:15h Opening and registration

08:15-08:40h **Welcome session**

08:40-09:00h **The ESU Urology Boot Camp** | Tiago Oliveira

09:00-11:00h **1<sup>st</sup> hands-on session**

Module A: group 1	Module C: group 3
Module B: group 2	Module D: group 4

11:00-11:15h Coffee-break

11:15-13:15h **2<sup>nd</sup> hands-on session**

Module A: group 4	Module C: group 2
Module B: group 1	Module D: group 3

13:15-14:15h Lunch

14:15-16:15h **3<sup>rd</sup> hands-on session**

Module A: group 3	Module C: group 1
Module B: group 4	Module D: group 2

16:15-16:30h Coffee break

16:30-18:30h **4<sup>th</sup> hands-on session**

Module A: group 2	Module C: group 4
Module B: group 3	Module D: group 1

18:30-18:45h **Debriefing**

18:45-19:00h **End of course**

19:00-21:00h Course dinner

## DIRECÇÃO COURSE DIRECTORS

Evangelos Liatsikos, MD PhD | *Chairman of the European School of Urology; Director of the Urology Department of Patras Hospital*

José Palma dos Reis, MD | *Director of the Urology University Clinic of FMUL; Director of the Urology Department of CHULN*

## ORGANIZAÇÃO ORGANIZING COMMITTEE

Ben Van Cleynenbreugel, MD PhD | *ESU Board Member; ESU Bootcamp Committee; Consultant Urologist at KU Leuven, Belgium*

Chandra Shekhar Biyani, MD | *ESU Bootcamp Committee; Consultant Urologist at Leeds Teaching Hospitals, NHS T, UK*

Tiago Ribeiro Oliveira, MD | *ESU Bootcamp and Train the Trainer Committee; Director of the Urology Department of HFAR-PL, Lisboa; Urologist at CHULN, Lisboa*

## COORDENAÇÃO COORDINATION

CFU Centro de Formação Pós-Graduada em Urologia | *Urology Post Graduate Education Centre*

## VAGAS VACANCIES

16 formandos | *16 delegates*

## DURAÇÃO DO CURSO COURSE TIME

11 horas presenciais. 17 horas de estudo | *11 hours at the course site. 17 pre-course e-learning hours*

## LOCAL VENUE

Fortaleza da São Julião da Barra

## LÍNGUAS OFFICIAL LANGUAGES

Português / Inglês | *Portuguese / English*

## APOIO CIENTÍFICO SCIENTIFIC ENDORSEMENT



## PATROCÍNIO SPONSORSHIP



## PATROCINADORES CORPORATE SPONSORS



## SECRETARIADO SECRETARIAT



+351 21 842 97 10  
sofia.gomes@admedic.pt  
[www.admedic.pt](http://www.admedic.pt)