# 18<sup>th</sup>



# **European Congress** of **INTERNAL MEDICINE**

29-31 August, 2019 **Lisbon** 

President of ECIM 2019: Luís Campos, Lisbon, Portugal

EFIM President: Nicola Montano, Milan, Italy



Innovation in Health Care: New Opportunities for Internal Medicine



**Scientific Program** 

www.efim.org/ecim2019

## **WELCOME**

# Join us for the 18<sup>th</sup> European Congress of Internal Medicine in Lisbon 2019!

Dear Colleague,

On behalf of the European Federation of Internal Medicine, it is our pleasure and privilege to invite you to the 18<sup>th</sup> European Congress of Internal Medicine, which will take place at the Lisbon Congress Centre, from 29 to 31 August 2019.

The theme of the congress is "Innovation in Health Care: New Opportunities for Internal Medicine".

The choice of this theme was motivated by our belief that the demographic evolution, superspecialization trends in medicine and the escalating healthcare costs underscores the importance of a specialty with the characteristics of internal medicine, including the broad scope, patient-centred care and cost-conscious approach.

We have created an exciting program that balances challenging clinical topics with emerging innovations in medical care related to the theme of the congress. Excellent speakers will update our knowledge in a wide spectrum of areas in internal medicine and open new horizons for our specialty.

ECIM 2019 will also provide an excellent opportunity to share successful experiences and network with peers.

Voted as Europe's leading destination, Lisbon is a trendy multicultural and multi-ethnic city with a unique light, beautiful buildings and streets, and excellent food and wine.

Throughout its history, Lisbon has been a point for convergence of civilizations. It is our wish that ECIM 2019 will be the meeting place for all internists across Europe and worldwide.

Welcome to ECIM 2019 in Lisbon! We will make you will feel at home!



Nicola Montano, MD, PhD EFIM President



Luís Campos, MD, MSc, FACP (Hon) President of ECIM 2019

## **COMMITTEES**



## President of ECIM 2019

Luís Campos, Portugal

## **EFIM President**

Nicola Montano, Italy

## **EFIM Executive Committee**

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Dror Dicker | President Elect, Israel

Runólfur Pálsson | Immediate Past President, Iceland

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Ieva Ruza | Young Internists Past Chair, Latvia

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Teresa Mesquita, Portugal

Ana Lynce, Portugal

## **Jury for Best Case Reports**

Alberto Marra

Armando de Carvalho

João Sá

John Kellett

Nicola Montano

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## **Congress Venue**

Júlio Teixeira

Email: julio.teixeira@ccl.fil.pt Phone: (+351) 218921400 Praça das Indústrias, 1300-307

Lisbon, Portugal



## **LOCATION AND CONGRESS VENUE**

## Lisbon

The capital of Portugal lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km2.

The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.







## Congress Venue - Lisbon Congress Center

The ECIM 2019 will take place at Lisbon Congress Centre, a pleasant and modern location, specially designed to hold large scale events of different kinds. The building offers lecture halls of different sizes, an attractive exhibition area as well as a number of rooms for spontaneous small scale meetings.

With the Tagus River nearby and close to the prestigious area of the Belém historical quarter, Lisbon Congress Centre is about 15 minutes drive from the city centre with its high number of hotels and restaurants.



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## **ADDITIONAL INFORMATION**

## Registrations

	Early Bird Fee Until July 01, 2019	Regular Registration Fee Until August 15, 2019
Member	€ 350.00	€ 400.00
Non-Member	€ 400.00	€ 450.00
Young Internists and Students	€ 200.00	€ 250.00
Exhibitor	€ 10	00.00
Fast Assessment Diagnostic Ultrasound	€ 15	50.00
Hands-on course in non-invasive ventilation	€ 15	50.00
Antibiotic therapy in clinical practice	€ 15	50.00
Choosing wisely	Fr	ee
Quality of care, patient safety and doctor-patient communication	€ 75.00	
Obesity Management Task Force Course Obesity Disease Treatment	Fr	ee

## Registration fee includes:

- Admission to the scientific sessions
- · Congress material
- Lunches and coffee-breaks
- Welcome cocktail
- · Certificate of attendance

## Registration cancellations:

- Any cancellations must be sent in written to ana.pais@admedic.pt;
- Up to August 15, 2019 | A handling fee of € 50.00 is due;
- From August 16, 2019 onwards | A full invoice amount will be charged

Registrations for the conference must be made online at http://www.efim.org/ecim2019/. For any questions regarding group registrations or online registration process, please contact Ad Médic: Ana Pais | Email: ana.pais@admedic.pt | Phone: (+351) 218429710

## **Hotel Accommodation**

Guest rooms have been reserved at special congress rates in various hotels in the surroundings of the congress venue and in the city centre.

For information and/or reservation please visit http://www.efim.org/ecim2019/ or send an email to paula.gomes@admedictours.pt

## **SIDE MEETINGS**



09:30-11:30h	UEMS Meeting	room 1.07
10:00-12:00h	Young Internists Assembly	room 1.13
10:30-12:00h	Choosing Wisely Working Group Meeting	room 1.09
11:30-12:00h	General Assembly Registrations	Auditorium III
12:00-14:00h	EFIM General Assembly	Auditorium III
14:00-14:45h	Lunch & networking	
14:45-17:00h	EFIM General Assembly	Auditorium III

## Friday 30 August



12:30-13:30h	IMAGINE Working Group Meeting	room 1.05
12:30-14:30h	Ultrasound Working Group Meeting	room 1.06
12:30-13:30h	Quality of Care Working Group Meeting	room 1.02
12:30-14:30h	Critical Appraisal of Guidelines Working group Meeting	room 1.09

## Other Meetings – Friday 30 August



12:30-13:30h	Foundation for Development of Internal Medicine Meeting	room 1.07
12:30-14:00h	EJIM Meeting	room 1.03

## **PRE-CONGRESS COURSES**



08:00h	Opening of registration desk
09:00-17:00h	<b>Course 1</b> Room 1.05 + 1.06
	Fast Assessment Diagnostic Ultrasound
Coordinators	André Borges (Portugal), Paulo Marcelino (Portugal) and Susan Marum (TBA)
Programme	
09:00-09:15h	Introduction
	Course objectives
09:15-10:00h	Basic technical aspects
	Main ultrasound views Image acquisition
10:00-11:00h	HANDS-ON
11:00-11:15h	Coffee break
11:15-11:45h	LV evaluation
	RV evaluation
	IVC evaluation
	Lung ultrasound
11:45-13:00h	HANDS-ON
13:00-14:00h	Lunch
14:00-14:30h	Basic evaluation of the shocked patient
14:30-16:00h	HANDS-ON
16:00-16:45h	Case studies
16:45-17:00h	Review and questions

Hands-on course in non-invasive ventilation (Limited to 28 participants)

**Coordinators** 

Piedade Amaro (Portugal) and Marco Fernandes (Portugal)

**Faculty** 

*Piedade Amaro* (Portugal), *Marco Fernandes* (Portugal) *Ricardo Pinho* (Portugal), *Elsa Sousa* (Portugal) *and Tiago Leonor* (Portugal)

## Learning objectives

- 1) Characterize acute respiratory failure and its pathophysiology.
- Recognise the indications and contraindications for non-invasive ventilation (NIV).
- 3) Learn how to operate the ventilator and the equipment needed to start NIV:
  - a. Know the main differences between "intensive care ventilators" and NIV dedicated ventilators:
  - Recognize the usefulness and limitations of the features on the new generation of NIV ventilators: oxygen supplementation, leak compensation and monitoring;
  - c. Recognize the importance of the humidification of inspired gases, especially in intensive care ventilators;
  - d. Acknowledge the significance of the exhalation port in single circuit ventilators;
  - e. Distinguish exhalation ports from anti-choking devices;
  - f. Know how to connect oxygen enrichers in single circuit ventilators;
  - g. Know how to program the main ventilation modes and to set the alarms appropriately;
  - h. Learn the clinical importance of the pressure ramp and of the inspiratory and expiratory triggers.
- 4) Know how to choose an interface and how to adjust it to the patient: a. Identify the advantages and disadvantages of full-face, oro-nasal and nasal masks;
  - b. Understand the role of leaks in NIV success;
  - c. Recognize and deal with leaks
- 5) Know how to capture the patient's confidence to start NIV.
- 6) Know how to apply the necessary monitoring in NIV:
  - a. Acknowledge the need to establish the most appropriate place to start,
     according to the severity and risk factors of each patient.
- 7) Raise awareness to the meaning of an "early start" and "early recognition of NIV failure".
- 8) Recognise the importance of patient-ventilator synchrony.
- Learn how to adjust ventilator parameters based on the patient's response.

Methodology	Lectures; Practical sessions with the ventilator-hands on; Clinical case scenario discussion.
Evaluation	Theoretical knowledge assessment: The final evaluation consists in the answer to a questionnaire with 100 questions ("true" or "false" response). The successful completion of the Non-Invasive Ventilation Course implies correct answer to at least 75% of the questions.
Programme	
08:20-08:35h	Course presentation
08:35-09:05h	Acute respiratory failure
09:05-09:35h	Oxygen therapy and Introduction to NIV – Indications and contraindications
09:35-10:20h	Ventilatory modalities I
10:20-10:35h	Coffee break
10:35-11:20h	Ventilatory modalities II
11:20-11:50h	Ventilatory interfaces and the logistics necessary to apply NIV in the acute setting
11:50-12:20h	Workshop: Patient-ventilator synchrony
12:20-13:30h	Lunch
13:30-15:30h	Practical session: Hands-on: knowing the material and programming the ventilator in different clinical situations
15:30-17:00h	Clinical case scenario: NIV in acute respiratory failure
17:00-17:30h	Theoretical knowledge assessment

09:00-17:00h	Course 3 Room 1.08 Antibiotic therapy in clinical practice (Limited to 80 participants)
Coordinator	João Sá (Portugal)
Faculty	António Nunes (Portugal), Maria José Rei (Portugal), Bernardo Baptista (Portugal), Pedro Raimundo (Portugal), Bernardo Neves (Portugal), Anabela Raimundo (Portugal), Susana Coelho (Portugal), António Messias (Portugal), Filipa Malheiro (Portugal), Mónica Nave (Portugal) and Natália Marto (Portugal)
Learning objectives	<ol> <li>Microbiology issues in clinical practice.</li> <li>Antibiotics: Mechanisms of action, pharmacokinetic and pharmacodynamic behavior.</li> <li>Antibiotic therapy principles.</li> <li>Antibiotic therapy monitoring in the hospital environment.</li> <li>Antibiotic therapy in clinical settings.</li> <li>State of the art and future of antibiotic classes.</li> </ol>
Methodology	Lectures; Clinical cases discussion.
Evaluation	Final assessment with a 48 questions multiple choice questionnaire. Televoting if possible.
Programme	
09:00-09:15h	Course presentation
09:15-09:45h	Microbiology basic issues in clinical practice António Nunes (Portugal)
09:45-10:15h	Antibiotics: Mechanisms of action, pharmacokinetic and pharmacodynamic behavior Maria José Rei (Portugal)
10:15-10:45h	Antibiotic therapy principles and main rules Bernardo Baptista (Portugal)
10:45-11:00h	Coffee break
11:00-11:30h	Antibiotic stewardship Pedro Raimundo (Portugal)
11:30-12:00h	Antibiotic therapy of pneumonias Bernardo Neves (Portugal)
12:00-12:30h	Antibiotic therapy in endocarditis  Anabela Raimundo (Portugal)
12:30-13:30h	Lunch

13:30-14:00h	Antibiotic therapy of urinary infections Susana Coelho (Portugal)
14:00-14:30h	Antibiotic therapy of intra-abdominal infections  António Messias (Portugal)
14:30-15:00h	Antibiotic therapy of meningitis Filipa Malheiro (Portugal)
15:00-15:30h	Antibiotic therapy in febrile neutropenia  Mónica Nave (Portugal)
15:30-16:00h	State of the art and the future of the different antibiotic classes Natália Marto (Portugal)
16:00-16:30h	Theoretical knowledge assessment
16:30-17:00h	Closing remarks

09:00-17:00h	Course 4 Room 1.02  Quality of care, patient safety and doctor-patient communication (Limited to 30 particicipants)
Coordinators	Matthias Raspe (Germany), Mine Durusu (Turkey) and Monica Bivol (Norway)
<b>Programme</b> 09:00-09:05h	Welcome and introduction Luís Campos (Portugal)
09:05-09:45h	Concepts and determinants of quality of care and patient safety in healthcare (Introduction in the fields of quality of care and patient safety)  Luís Campos (Portugal)
09:45-10:30h	Tools to improve quality of care and patient safety (Presentation of practical tools to evaluate, monitor and improve quality of care and patient safety in healthcare)  Reinhard Strametz (Germany)
10:30-10:45h	Coffee break
10:45-11:30h	The human factor (This session covers the various causes of medical errors and what we can learn from them) Amy Burbridge (UK)
11:30-12:15h	Treat first, what kills first (The most relevant threats to patient safety in internal medicine) <i>Monica Bivol</i> (Norway)
12:15-13:00h	Lunch
13:00-13:45h	Tuning the safety environment in the wards and keeping the team in (The role of leadership and team work for improving quality of care and patient safety)  Mine Durusu Tanriover (Turkey)
13:45-14:30h	Improving health literacy (How to communicate evidence and risks in an era of patient-centered care)  Reinhard Strametz (Germany)
14:30-14:45h	Coffee break
14:45-16:30h	Communication – The alpha and omega of quality in healthcare (A session with practical parts to learn about essential communication skills for establishing an effective doctor-patient relation and safe care environment)  Fátima Seabra (Portugal)
16:30-17:00h	Course evaluation and closing remarks  Matthias Raspe (Germany)

13:00-17:00h	Course 5	Room 1.09
	Choosing Wisely (Limited to 30 participants)	
Coordinators	António Vaz Carneiro (Portugal) and Bjiliana Ivanovska (North Ma	cedonia)
Programme		
13:00-13:15h	Opening session António Vaz Carneiro (Portugal) and Bjiliana Ivanovska (North Ma	cedonia)
13:15-13:45h	Adoption, adaptation, and de novo development of trustwort recommendations: GRADE Hugo Catalano (Argentina)	hy
13:45-14:15h	From Choosing Wisely to less is more: Data from an interver approach Giorgio Costantino (Italy)	itional
14:15-14:45h	Top 5 LIST recommendations Switzerland Omar Kherad (Switzerland)	
14:45-15:15h	Coffee break	
15:15-16:15h	Practical cases in Choosing Wisely. The implementation of C Practical cases in Choosing Wisely. The implementation of C Olga Boeva (Russia) and Miguel Bigotte Vieira (Portugal)	
16:15-16:45h	Discussion	
16:45-17:00h	Final Session  António Vaz Carneiro (Portugal)	

13:00-17:00h	Course 6 Auditorium IV Obesity Management Task Force Course Obesity Disease Treatment
Coordinator	Dror Dicker (Israel)
Learning objectives	<ol> <li>Recognise that obesity is a chronic relapsing disease that has a multifactorial aetiology and multiple health consequences.</li> <li>Appreciate patient perspectives and the significant issues of weight bias and stigma.</li> <li>Appreciate clinical evaluation techniques and be cognisant of the effectiveness of various interventions including dietary, physical activity, behavioural, pharmacological and surgical approaches.</li> <li>Be familiar with a variety of evidence-based and patient-centred tools and methods that can assist and enhance the implementation of weight management programmes.</li> </ol>
<b>Programme</b> 13:00-13:30h	Clinical evaluation of the patient with obesity disease in the Internal Medicine department  Davide Carvalho (Portugal)
13:30-14:00h	How to prepare the patient to life style changes Amy Ahern (UK)
14:00-14:30h	Medical nutrition therapy Paula Freitas (Portugal)
14:30-15:00h	Evidence based physical activity prescriptions  António Palmeiras (Portugal)
15:00-15:30h	Coffee break and free discussion
15:30-16:00h	Pharmacotherapy of obesity disease  Dror Dicker (Israel)
16:00-16:30h	Bariatric Surgery: Indication and options  Alex Miras (UK)
16:30-17:00h	Post Bariatric Surgery follow up – Internist point of view Luca Busetto (Italy)
17:00-17:10h	Conclusion

## SCIENTIFIC PROGRAM

17:30-19:00h Opening session Auditorium 1

Opening remarks

Luís Campos (Congress President, Portugal), Nicola Montano (President of

EFIM, Italy) and *Marta Temido* (Health Minister, Portugal)

Opening lecture: The internist as a maestro

Joana Carneiro (Portugal)

**Exhibition Hall** 

19:00-20:30h Welcome reception

## Friday 30 August



07:00h Opening of registration desk

08:00-09:00h Plenary session Auditorium 1

New developments in the approach to chronic heart failure

Stefan Anker (Germany)

09:00-10:00h Parallel session Auditorium 1

Chronic thromboembolic pulmonary hypertension: A complex entity

 Diagnosis and medical therapy Marion Delcroix (Belgium)

• Pulmonary endarterectomy and pulmonary angioplasty Eli Fadel (France)

09:00-10:00h Parallel session Auditorium 2

Changing the paradigm of hospital care

- Co-management of surgical patients Eduardo Montero Ruiz (Spain)
- Hospital at home Sophia de Rooij (the Netherlands)

10:00-10:30h	Coffee break / Poster discussion / Young Internists Corner  Young Internists Corner  Make Internal Medicine great again: Bridging the two sides of the ocean Robert McLean (USA) and Xavier Corbella (Spain)	
10:30-11:30h	Plenary session  The impact of artificial intelligence on the future of healthcare  Don Detmer (USA)	n 1
11:30-12:30h	Parallel session  Hot topics in liver disease  • From NAFLD/NASH to autoimmune hepatitis  George Dalekos (Greece)  • Acute on chronic liver failure  John O'Grady (UK)	n 1
11:30-12:30h	Parallel session (Joint session EFIM-ACP)  The hospital in the context of health and social network  • European perspective  Xavier Corbella (Spain)  • American perspective  Robert M. McLean (USA)	12
12:30-13:30h	Lunch	
13:30-14:30h	Parallel session (Young Internists Session)  "Looking for Phoenix" – Dealing with burnout  • The endemic of burnout and how should we respond Kristina Glise (Sweden)  • The importance of the work-life balance Ewelina Biskup (Switzerland)	n 1
13:30-14:30h	Parallel session  A new look at the cardiovascular risk factors and hypertension  New cardiovascular risk factors: Clinical relevance  José Delgado Alves (Portugal)  New perspective of hypertension management  Ehud Grossman (Israel)	12

14:30-15:30h Parallel session Auditorium 1 Update on stroke • What is new in medical approach to stroke? Patrik Michel (Switzerland) Vascular intervention in stroke Mikael Mazighi (France) Parallel session Auditorium 2 14:30-15:30h Challenges in the future of healthcare How to achieve patient centered care? *Rijk Gans* (the Netherlands) How to provide clinical relevant information at the point-of-care? António Vaz Carneiro (Portugal) Coffee Break / Poster Discussion / Young Internists Corner 15:30-16:00h **Exhibition Hall Young Internists Corner** Hidden curriculum: Mentoring the next generation of doctors Rijk Gans (the Netherlands) and Kristina Glise (Sweden) Parallel session Auditorium 1 16:00-17:00h Update on autoimmunity Treat-to-target in SLE: Where are we? Ricard Cervera (Spain) ANCA-associated vasculitis Loic Guillevin (France) 16:00-17:00h Parallel session Auditorium 2 Cancer immunotherapy: Challenges for the internist Immunotherapy as a powerful innovation Sergio Abrignani (Italy) Clinical management of adverse effects Juan Martin-Liberal (Spain)

#### 17:00-18:00h

## **Parallel session**

Auditorium 1

**Doctor-patient communication** 

How communication with patients and families are essential to good decisions?

Anténio Compiler (Particula)

António Carneiro (Portugal)

What is the impact of technology in doctor-patient communication?
 TBC

### 17:00-18:00h

## Parallel session (Young Internists session)

Auditorium 2

Drug management in 2050 – A glimpse to the future

 State of the art and innovations in drug management for treating challenging conditions in Internal Medicine Emanuele Durante-Mangoni (Italy) and Ieva Ruža (Latvia)

## Saturday 31 August



07:00h

Opening of registration desk

### 08:00-09:00h

## **Plenary session**

Auditorium 1

The impact of environmental changes on health

- The dimension of the problem and the WHO recommendations Diarmid Campbell Lendrum (Switzerland)
- What can the healthcare professionals do? Nicholas Watts (UK)

#### 09:00-10:00h

#### Parallel session

Auditorium 1

From hospital-acquired infections to the problem of multiresistance

- What strategies can be used to prevent hospital-acquired infections?

  TRC
- Implementing antibiotic stewardship in hospitals to reduce AMR and HAI Serhat Unal (Turkey)

#### 09:00-10:00h

### Parallel session

Auditorium 2

Update in rare diseases

- The patient's genome A clinical tool for the physician Idit Maya (Israel)
- Emerging treatments in rare diseases
   Maria Domenica Capellini (Italy)

10:00-10:30h	Coffee Break / Poster Discussion / Young Internists Corre Young Internists Corner Publish or perish: Tips and tricks for your next paper Giancarlo Agnelli (Italy)	er Exhibition Hall
10:30-11:30h	Plenary session The surprising world of patient innovation Pedro Oliveira (Portugal)	Auditorium 1
11:30-12:30h	Parallel session The undiagnosed patients of our clinical practice • How to recognize autoinflammatory syndromes? Helen J. Lachmann (UK) • How to recognize hereditary immunodeficiencies in the adult? Steve Holland (USA)	
11:30-12:30h	Parallel session  Hot topics in blood disorders  • Multiple myeloma Sigurdur Yngvi Kristinsson (Iceland)  • Oral anti-coagulation in the real world Ginancarlo Agnelli (Italy)	Auditorium 2
12:30-13:30h	Lunch	
13:30-14:30h	Parallel session  Hot topics in diabetes  • Diabetes and heart failure Ricardo Gómez Huelgas (Spain)  • Advances in the treatment of diabetes Giorgio Sesti (Italy)	Auditorium 1
13:30-14:30h	Parallel session  Perspectives in Internal Medicine from the other side  • The hospitalist revolution in USA Gretchen A. Diemer (USA)  • Internal Medicine in South America Manuel Klein (Argentina)	Auditorium 2 of the Atlantic

14:30-15:30h Parallel session Auditorium 1

New imaging techniques for the internist

• New boundaries of liver imaging: The MR shift from to function Filipe Caseiro Alves (Portugal)

 Endoscopic ultrasound TBC

14:30-15:30h Parallel session Auditorium 2

Top five rated abstracts

15:30-16:00h Plenary session Auditorium 1

 FDIME Research Grant Award Ceremony and FDIME Best Award Ceremony

EJCRIM and Young Internists Best Case Report Ceremony

16:00-17:00h Closing session (Young Internists session) Auditorium 1

Closing Lecture: Heath care in the social media era

Vasi Radulescu (Romania) and Nicola E. Rüegsegger (Switzerland)

**Closing Remarks** 



## Please submit your abstract at:

## www.efim.org/ecim2019/eposters

## DATES TO REMEMBER

Online Registration and Housing Opening	Already opened
Online Abstract Submission Opening	Already opened
Abstract Submission Deadline	<del>April 30, 2019</del>
Authors Notification	June 12, 2019
Early Registration Deadline	July 01, 2019
E-poster Submission Deadline	August 01, 2019
Regular Registration Deadline	August 15, 2019