

1<sup>st</sup> international conference on  
**young women's  
breast cancer  
and health**

**oct. 29, 30\_2024**

Hospital CUF Tejo, Lisbon, Portugal



# organizing entity

## Breast Cancer Young Women (BCYW) Foundation

The BCYW Foundation is an international network of compassionate medical doctors and surgeons treating breast cancer patients, community medicine experts, scientists, advocates, nurses, survivors, ambassadors, and non-governmental organizations from 23 countries, with a shared agile purpose to make a difference in the lives of young women with breast cancer. The BCYW foundation provides educational materials in 13 languages and shares inspiring stories of BCYW survivors in 6 languages. The BCYW Foundation focuses on raising targeted awareness, supporting advanced research, advocating, and supporting BCYW survivors. The BCYW Foundation aims to empower young women and teens with knowledge that might help them save their lives from breast cancer tomorrow.

Learn more: <https://breastcancerinyoungwomen.org/>

# host entity

## CUF

With nearly eight decades of experience, CUF leads private healthcare in Portugal with an integrated network of 30 hospitals and clinics. Through the daily dedication of more than 15,000 employees, CUF is recognised for its clinical excellence, innovation, and strong values that support the delivery of quality healthcare. CUF Oncologia, the largest private oncology care network in the country and the third-largest diagnostic provider nationwide, has a commitment of almost 40 years to its patients. With over 400 specialists, it ensures close and compassionate care in the prevention, diagnosis, and treatment of the disease.

CUF is the most trusted and recognized healthcare brand in Portugal.

Learn more: <https://www.cuf.pt/en>



Dear Colleagues,

The Breast Cancer in Young Women Foundation is pleased to announce the first-ever “International Conference on Young Women’s Breast Cancer and Health.” CUF hosts this inaugural annual meeting of the BCYW Foundation. Breast cancer in young women (BCYW) is increasing globally due to socioeconomic, biological, molecular, and upstream factors that are not yet fully understood and await discoveries. The conference will bring together a diverse group of professionals at the interface of breast cancer and breast health, including, but not limited to, physicians, surgeons, pathologists, radiologists, nurses, researchers, experts in adolescent and young adult (AYA) medicine, health economists, public health specialists, and epidemiologists, alongside breast cancer survivors and outreach leaders.

The conference will serve as a leading international platform for sharing cutting-edge translational research advances and addressing the issues and unique challenges of young women who are diagnosed with breast cancer. These issues include breast health, early diagnosis, cancer research and treatment, public education, prevention, and outreach and advocacy initiatives. Its other core objective is to empower the youth and young women with the knowledge they need to save their lives from breast cancer tomorrow.

The overarching goal is to educate, connect, and inspire all participants and build an international community that cares about and advances core aspects of young women’s breast cancer and health - the BCYW Foundation’s mission of reaching every young woman.

Please join us and be part of this very special Conference.

Kind regards,

**The Scientific and Organizing Committees**



# scientific and organizing committees

## Chair

Rui Diniz (CEO CUF, Lisbon, Portugal)

## Co-Chair

Luís Costa (MD, PhD, Unidade Local de Saúde Santa Maria, Lisbon, Portugal;  
Director, Breast Cancer Young Women Foundation, USA)

## Co-Chair

Rakesh Kumar (PhD, Founder, Chief Executive Officer, Breast Cancer in Young Women Foundation, Denver, USA; International Endowed Chair Professor Cancer Research Institute, SRHU, Dehradun, India)

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Luís Costa (MD, PhD, Unidade Local de Saúde Santa Maria, Lisbon, Portugal)

Masakazu Toi (MD, PhD, Tokyo Metropolitan Cancer, Tokyo, Japan)

Miguel Martin Jimenez (MD, PhD, Hospital Universitario and Complutense University, Madrid, Spain)

Paula Borralho (MD, CUF Oncology Institute, Lisbon, Portugal)

Rakesh Kumar (PhD, Breast Cancer in Young Women Foundation, Denver, USA)

## organizing committee

Luís Costa (MD, PhD, Unidade Local de Saúde Santa Maria, Lisbon, Portugal)

Rakesh Kumar (PhD, Breast Cancer in Young Women Foundation, Denver, USA)

Rita Costa (Director of CUF Oncology, Lisbon, Portugal)



# faculty

Global Pioneers in Medicine and Innovation



**Aaron Ciechanover, MD, DSc**  
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Distinguished Research Professor,  
Faculty of Medicine Technion | Israel  
Institute of Technology in Haifa, Israel



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Head Breast Program at Sultan  
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Francisco Gentil, Medial Oncology  
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Medical Oncologist, Hospital General  
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# faculty



**José Luis Fougo**  
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**Kristi Funk, MD**  
Breast Cancer Surgeon, Santa Monica, California



**Krystal Barter**  
Founder of Humanise Health. Global health advocate, Australia



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**M. Radhakrishna Pillai, FRCPATH, PhD, FAMS, FASc, FNAsc, FNA**  
Ex-Director, Rajiv Gandhi Center for Biotechnology, India



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**Miguel Martín Jiménez, MD, PhD**  
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Visiting Associate Professor Faculdade de Medicina da Universidade de Lisboa Head of Department at Unidade de Anatomia Patológica Clinical Director CUF Institute of Oncology, Adjunct Clinical Director Hospital CUF Descobertas, CUF, Lisbon, Portugal



**Pedro Pita Barros, PhD**  
BPI | Fundação “la Caixa” Professor of Health Economics at Nova School of Business of Economics, Universidade Nova de Lisboa | Member of the European Commission’s “Expert panel on effective ways of investing in health”, Lisbon, Portugal



# faculty

**Rakesh Kumar, PhD**

Founder, Chief Executive Officer.  
Breast Cancer in Young Women  
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International Endowed Chair  
Professor. Cancer Research  
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**Tamara Milagre**

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**Vijian Dhevan, MD**

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Harlingen, Texas, USA



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# program . october 29th

## Day 1: Status, issues, importance

### ● 9:00 am • Opening Session

**Chairs/Co-Chairs:** Rui Diniz, Luis Costa, and Rakesh Kumar

**The ubiquitin proteolytic system: The journey from a vague hypothesis to efficient anti-cancer drugs.**

Aaron Ciechanover, MD, DSc (Israel)

**Space Exploration and Cancer Research on the International Space Station**

Larry DeLucas, PhD (USA)

Clinical Talk

**The unique challenges of young breast cancer patients: An overview.**

Ellen Warner, MD, FRCPC, FACP, MSc (Canada)

### ● 10:30 am • Coffee Break

**10:45 am • Epidemiology, risk factors, prevention, and early detection.**

Moderators: Miguel Martín Jiménez and Anjali Srivastava

**Why are more young women getting breast cancer.**

Rakesh Kumar, PhD (USA)

**Ultra-processed foods during puberty and breast cancer risk in young women.**

Victoria Findley, PhD (USA)

### Q&A

**Breast cancer in young women: awareness, early detection, preventing diagnostic delays.**

Lorna Larsen, RN, BScN (Canada)

**Imaging young women with breast cancer: challenges and opportunities.**

Samantha Heller, PhD, MD (USA)

**Role of AI in early breast cancer detection.**

Carlos Santiago (Portugal)

### Q&A

### ● 1:00 pm • Lunch

**2:00 pm • BCYW: unique issues and challenges: biological, medical, and social.**

Moderators: Leonor Ribeiro and Ana Ferreira

**Chemotherapeutic toxicity in BCYW and carry-over effects.**

Miguel Martín Jiménez, MD, PhD (Spain)

**Pros and cons of de-escalation of treatment in young women.**

Marie Jeanne Vrancken Peeters, MD, PhD (Netherlands)





### Genomic basis of aggressiveness of BCYW.

Marah Tabbal, MS, Mohammed Bin Rashid University of Medicine & Health Sciences, Dubai, UAE

### Q&A

#### 3:15 pm • Surgical issues in BCYW.

Moderators: José Luis Fougo and Ida Negreiros

#### Breast cancer in younger women - surgical options and challenges.

Chintamani Chintamani, MBBS, MS, FRCS (India)

#### Breast conservation and surgery-decisions in BCYW.

Felicia Tan Li Sher, MBBS, MS (Singapore)

#### What is happening with axillary surgery in young women?

Catarina Santos, MD, PhD, (Portugal)

### Q&A

#### ● 4:30 pm • Poster Viewing with Coffee

#### 5:15 pm • Postpartum and breast cancer unique issues and challenges.

Moderators: Gabriela Sousa and Rita Sousa

#### Pregnancy-related breast cancer in young mothers.

Tan Qing Ting, MBBS, MMed, FRCS (Singapore)

#### Pathologic features of breast cancer in young women during pregnancy.

Paula Borralho, MD, PhD (Portugal)

#### Pregnancy after breast cancer: development of onco-fertility program .

Chikako Shimizu, MD, PhD (Japan)

### Q&A

#### Career - Patient testimony

#### 6:30 pm • Round table forum 1.

Moderators: Emília Vieira, Marta Pojo, Luís Costa and Raquel Mendes Gomes

#### 7:00 pm • Messages of the day

# program . october 30th

## Day 2: Solutions, communities, patients, and protections for healthy young women

#### 8:30 am • The patient voice with Q&A

#### 9:30 am • Global models for social and economic impact.

Moderators: Duarte Mexia and Ellen Warner

#### BCYW health and societal economics.

Pedro Pita Barros, PhD (Portugal)



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**Breast cancer in young women in India and LMICs: challenges and opportunities.**

Sudeep Gupta, MD, DM (India)

**BCYW in Gulf countries and the Middle East.**

Adil Aljarrah Al-ajmi, MD (Sultanate of Oman)

**Q&A**



**10:45 am • Coffee Break**

**11:00 am • Prevention & screening & breast health and breast self-care.**

Moderators: Monica Nave and Radhakrishna Pillai

**BRIGHT international consortium project: polygenic score in early breast cancer detection.**

Neeme Tõnisson MD, PhD (Estonia)

**EVITA Platform.**

Tamara Milagre, Nurse, Patient advocate (Portugal)

**Managing psychosocial and survivorship issues in young women with breast cancer.**

Shari Goldfarb, MD (USA)

**Q&A**



**12:30 • Lunch**

**1:45 am • New interventional approaches.**

Moderators: Margarida Brito and Vijian Dhevan

**Endocrine therapy in young women.**

Michael Gnant, MD, PhD (Austria)

**Role of genomic platforms in breast cancer at young age.**

Isabel Echavarria, MD, PhD (Spain)

**Q&A**

**Survival and patient options in advanced stage breast cancer.**

Luís Costa, MD, PhD (Portugal)

**Role of immune checkpoint inhibitors and HR status in BCYW.**

Hyma Polimera, MD (USA)

**Q&A**

**3:30 pm • Round table forum 2: "know your risk".**

Moderators: Marie Jeanne Vrancken Peeters and Chikako Shimizu.

Kristi Funk, MD (USA)

**Q&A**

Krystal Barter (Australia)

Siobhán Freeney (Ireland)

**Discussion and Q&A**



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● 4:45 pm • Coffee break

5:00 pm • Messages of the day

5:45 pm • **Selected from accepted posters.**

Moderator: Mário Fontes e Sousa, Luís Costa, Catarina Abreu and Catarina Martins.

6:00 pm • **BCYW Foundation's global initiatives: roadmap ahead.**

Rakesh Kumar, PhD (USA)

● 6:20 pm | Closing



# posters

The Scientific Committee is seeking submissions related to the following categories in the context of BCYW.

- Clinical presentation and borderline Issues
- Pathobiology
- Treatment
- Imaging
- Surgery/ reconstruction
- Fertility
- Early detection
- Risk factors
- Prevention
- Disparities and equity
- Artificial Intelligence (AI)
- Breast health and breast self-care
- Advocacy and public education
- Survivorship

Abstracts of all presentations will be published in a Supplementary Section of a peer-reviewed, open access, International Scientific Journal.

# target audience

The conference will benefit healthcare students, trainees, faculty, healthcare practitioners and educators, researchers, and public health experts in medicine, nursing, and women's health. It focuses on breast health, benign disease and cancer, oncology, surgery, community outreach, and geo-disparity. The conference will provide valuable insights and information from global subject matter leaders across the spectrum of care and advocacy in breast health and cancer.

# registration

Available at: [www.admedic.pt/en/events/bcyw-2024.html](http://www.admedic.pt/en/events/bcyw-2024.html)

## Fees

Healthcare Professional - 250€  
Healthcare Professional (Online) - 150€  
Student - 200€  
Student (Online) - 100€  
Other professionals - 300€  
Other professionals (Online) - 250€  
Patients/ Survivors - 50€  
Patients/ Survivors (Online) - free



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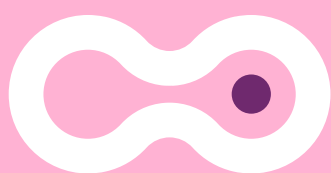
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# organization partner

BCYW Foundation is locally supported by AIDFM - Associação Para Investigação e Desenvolvimento da Faculdade de Medicina, responsible for local organization



## partners



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## scientific endorsement



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## other partnerships



# secretariat & delegate support

**ad** medic<sup>+</sup>

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[www.admedic.pt/en/events/bcyw-2024.html/](http://www.admedic.pt/en/events/bcyw-2024.html/)