

ICPM2013

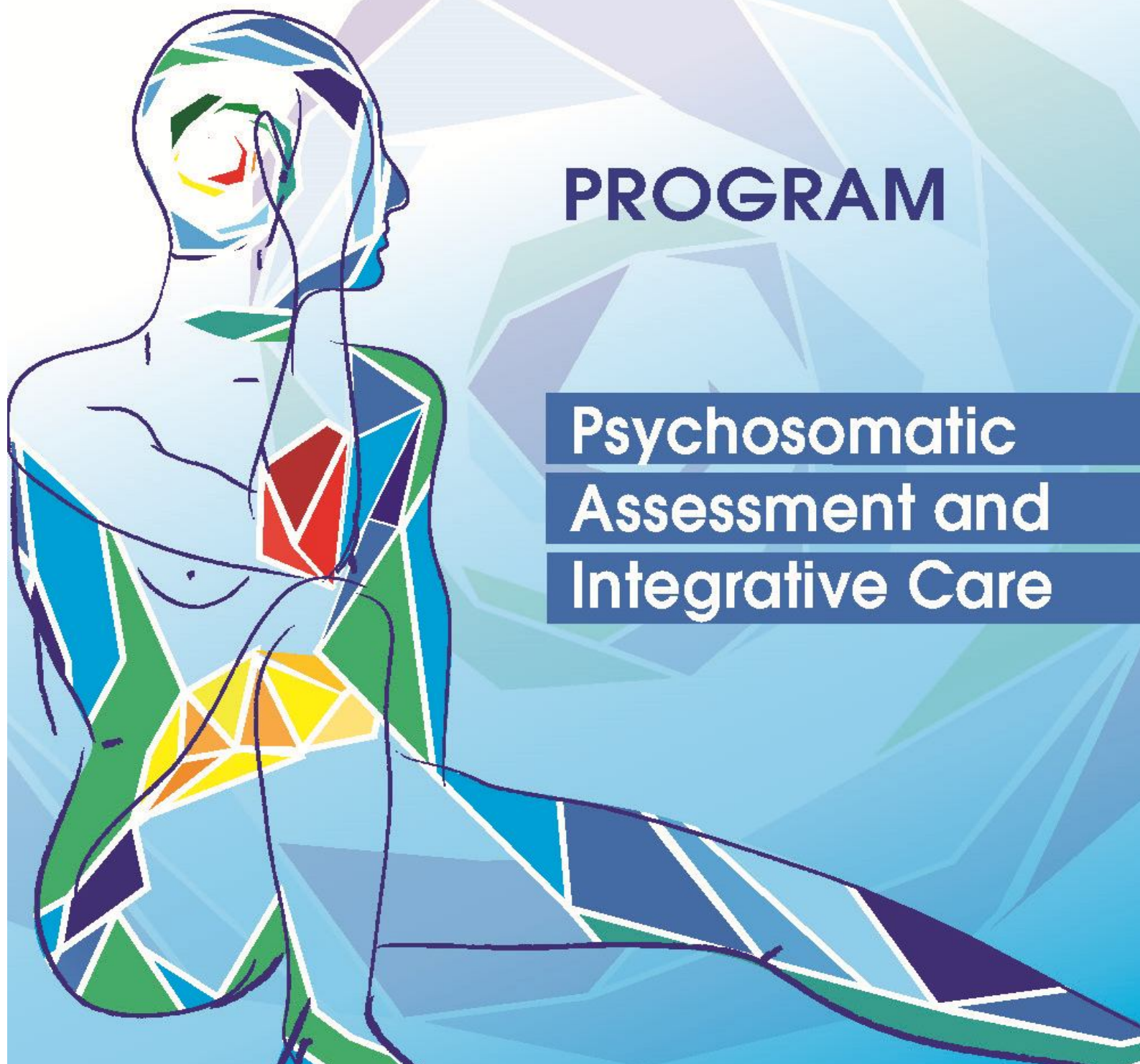


22ND WORLD CONGRESS
ON **PSYCHOSOMATIC MEDICINE**

12-14 September | 2013 | Lisbon | Portugal

PROGRAM

**Psychosomatic
Assessment and
Integrative Care**



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Vivelinda Guerreiro

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WELCOME

ICPM President's Welcome

It is my great pleasure on behalf of the executive committee of the ICPM and the organizing committee to welcome you to the 22nd World Congress on Psychosomatic Medicine. We are very excited to be meeting in Portugal for the first time. Our congress president, Professor Antonio Barbosa, and his committee have done a wonderful job of preparing exciting scientific and social programs. Lisbon is a modern city with a rich history. We are looking forward to this great opportunity to enrich our professional lives and to build professional and personal relationships that will insure the continued success of the International College of Psychosomatic Medicine.

The ICPM was founded in 1970 to stimulate international collaboration in research and clinical practice that incorporate the principles of psychosomatic medicine. Every two years a World Congress is held to foster this collaboration and to provide a forum to highlight recent developments in psychosomatic medicine. The congress includes many intriguing plenary sessions, symposia, workshops, oral presentations, and posters. It is our hope that the presentations and discussion of the most current research into Psychosomatic Medicine and its related fields will provide the impetus to drive our research to a higher level and to inspire us to search in new, creative directions.

Chiharu Kubo

Chiharu Kubo, M.D. Ph.D.,

President, International College of Psychosomatic Medicine

Congress President's Welcome

The ICPM 2013 Congress in Lisbon will offer the opportunity to share the world latest developments in psychosomatic medicine integrating clinical and research approaches fostering new psychosomatic assessment and integrative care strategies.

You can have an enriching and rewarding experience attending advanced workshops, clinical case discussions, listening update and plenary lectures, participating in debates and scientific symposia on select topics and presenting oral communications and posters.

We are very committed that Lisbon Congress leads to an improvement in the field of psychosomatic medicine but also we hope that you will enjoy a very challenging process of communication with a broad spectrum of scientific and clinical disciplines and with old and new friends in a lovely, sunny, and calm city.

Welcome to Lisbon and to ICPM

Antonio Barbosa

António Barbosa, M.D. Ph.D.,

Congress President

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GENERAL INFORMATION

ICPM2013 Venue - Lisbon Marriott Hotel

Avenida dos Combatentes, 1600-042, Lisbon, Portugal

Phone: 351 21 7235400; Fax: 351 21 7264281

Sales: 351 21 7235507; Sales Fax: 351 21 7264418

Welcome Reception

Thursday, 12 September 2013 – 18.30 – 19.30 – Lisbon Marriott Hotel

Participants are invited to the Welcome Reception which will be held in the Lisbon Marriott Hotel. A friendly and informal atmosphere with drinks and snacks served.

Included on the registration fee for participants and accompanying persons. Please wear your badge.

Closing dinner

Friday, 13 September 2013 – 18.30 – 23.30

Detailed information on page 38.

Instructions for participants

Badges

Upon arrival, participants should collect badges together with congress bag at the registration desk. Since only registered participants will be allowed to attend the scientific sessions and to enter the exhibition areas, you are kindly asked to wear your badge when entering to the congress venue.

Certificate of attendance

Certificate of attendance will be issued at the registration desk the last day of the congress, September, 14. Please be aware that your badge will be needed to collect the certificate of attendance.

Lunch

Lunch will be served at Citrus Restaurant. Only registered participants will have access to the lunch area, so we kindly ask you to wear your badge during lunch time.

Oral presentations (update lectures, symposia, workshops, clinical case discussions, research communications)

Presentations scheduled for the morning sessions (9:00-11:00) must be uploaded to the room's computer between 8:30 and 9:00.

Presentations scheduled for the afternoon sessions (14:00-17:30) must be uploaded to the room's computer between 11:30 and 12:30 or 13:30-14:00.

Technical support will be available.

Poster presentations

Help will be provided for the fixing of posters.

The presenters must be available for questions next to their posters during the breaks (11:00-11:30 and 16:00-16:30) on the relevant day.

Posters must be affixed between 08:00 to 09:00 and taken down at the end of the day between 18:00 and 19:00.

8:00 - Registration

Advanced Courses

09:00 -12:00

Room A **C1 - How to publish with high impact in clinical journals**
G.A.Fava (IT), E. Tomba (IT), T. Sensky (UK)

Room B **C2 - Building integrated behavioral health services for medico-surgical patients in general hospital: The Yale experience**
H.B. Lee, W. Sledge, A. Forray, P. Zimbrea (US)

Room C **C3 - The diagnostic criteria for psychosomatic research (DPCR): Theory and assessment**
P. Porcelli (IT), C. Rafanelli (IT)

Room D **C4 - Multimodal research approach to the neurobiology of stress**
N. Sousa (PT)

Room E **C5 - A practical family therapy approach for patients and families dealing with psychosomatic illness**
G.I. Keitner (US)

13:00 -16:00

Room A **C6 - Personhood and suffering**
T. Sensky (UK)

Room B **C7 - Integrative multimodal psychosomatic treatment**
T. Sivik (SE)

Room C **C8 - Recognition and treatment of work-related anxieties**
M. Linden (DE)

Room D **C9 - The family: A trajectory of illness. Psychological interventions: to whom, when, how?**
L. Baider (IL)

Room E **C10 - Delirium in the general hospital: A biopsychosocial challenge**
A. Diefenbacher (DE)
(EPA/APP support)

16:30 -17:00 - **Opening session**

17:00 -18:30

Room A+B **Plenary lecture 1**

Chair: W. Sledge (US)

Discussants: G. Taylor (CA), R. Veríssimo (PT)

The revolutionary implications of the biopsychosocial factor: A tribute to George L. Engel on the centenary of his birth

G.A. Fava (IT)

18:30 -19:30 – **Welcome reception**

09:00 -10:00

Room A Symposium 1 - PAIN MANAGEMENT AND PSYCHOSOMATIC MEDICINE*Chairs:* C. Kubo (JP), A.N. Singh (CA)**Diagnosis and management of migraine**

Singh AN (CA)

The perceived parenting style in childhood and chronic pain in adulthood: From the general population to psychosomatic patients

Hosoi M, Shibata M, Anno K, Kawata H, Iwaki R, Sawamoto R, Ninomiya T, Kiyohara Y, Kubo C, Sudo N (JP)

The comprehensive approach to the treatment of chronic pain (fibromyalgia syndrome)

Nagata K (JP)

Attentiveness, autonomy and meaning orientation: The influence of a meaningful lifestyle on pain management

Mori H (AT)

Room B Update lectures 1*Chairs:* J. Figueiredo (US), A.P. Palha (PT)09:00 - **The use of communication skills: Lessons derived from microanalytical studies**

D. Razavi (BE)

09:30 - **Evidence of the clinical utility of the Diagnostic Criteria for Psychosomatic Research (DCPR)**

P. Porcelli (IT)

Room C Research communications 1 - CARDIOVASCULAR DISORDERS*Chairs:* H.C. Deter (DE), K. Orth-Gomér (SE)**Influence of the severity of disease and cardiovascular drugs in a psychosocial intervention of patients with CHD and anxiety**

Deter HC (DE), Merswolken (DE), Orth-Gomér (SE)

Validity of standardized diagnostic interviews in cardiology patients

Linden M (DE), Muschalla B (DE)

Stress reduction in women with heart disease. CBT and statins interact to prolong life?

Orth-Gomér K (SE), Schneiderman N, Deter HC (DE)

Unconscious stress: subliminally presented fear conditioned stimuli affect cardiovascular activity

Van der Ploeg MM, Brosschot JF, Revers H, Verkuil B (NL)

Room D Research communications 2 - NEUROLOGICAL DISORDERS*Chairs:* M. Farinelli (IT), M. Xavier (PT)**Quality of life in dementia: Does caregiver burden impact on caregiver reports?**

Bárrios H, Gonçalves-Pereira M, Verdelho A, de Mendonça A (PT)

The 10/66-dementia research group prevalence study in Portugal: Preliminary results (2012)

Gonçalves-Pereira M, Cardoso AM, Verdelho A, Alves da Silva J, Gens P, Raminhos C, Fernandes A, Caldas de Almeida M (PT), Ferri C (UK, BR), Prince M (UK), Xavier M (PT)

Identifying a pattern of neuropsychological deficits in obstructive sleep apnea (OSA)

Domingos A (PT), Oliveira J (ES)

Transient global amnesia

Santos-Pereira R, Grangeia R (PT)

Oldlaison psychiatry: Reasons of referral of medically-ill elderly patients with delirium

Lagarto L, Renca S, Cerejeira J (PT)

Room E **Research communications 3 - INTERVENTIONS I**

Chairs: J. Cao (CN), A. Carvalho (PT)

Sure ideal for crisis intervention: A somatic universal regulative exercise improves the mood and reduces psychic tension

Loew TH, Hanshans C (DE)

Results of a randomized controlled trial of a self-regulation physical activity program for chronic fatigue patients

Marques M (PT), De Gucht V (NL), Leal I (PT), Maes S (NL)

Experience of the early intervention unit of Bissaya Barreto maternity: Review of six years retrospective follow up

Martins V, Murta I, Moinho R, Pitorra M (PT)

Dietary patterns and the risk for depression in Australian adults

Jacka FN, Cherbuin N, Anstey K, Butterworth P (AU)

Pain, disability, and psychological outcomes after a shoulder pain physical therapy intervention

Saganha J, Ribeiro F, Braga M (PT)

10:00 - 11:00

Room A **Symposium 2 - NEW ISSUES IN ALEXITHYMIA RESEARCH**

Chairs: O. Luminet (BE), O. Pollatos (DE)

Alexithymia is associated with altered top down control of behavior

Herbert BM (DE)

The influence of alexithymia on the automatic processing of painful expressions

Grynberg D, Maurage P, Vermeulen N, Luminet O (BE)

Alexithymia and ostracism: Implications for social interactions and health issues

Pollatos O, Beate H, Weiss S, Matthias E (DE)

The influence of alexithymia and mood on eating psychopathology in a non-clinical female sample

Ridout N, Wallis DJ, Autwal Y, Kralj A, Sellis J, Taylor E (UK)

Discriminative capacities of the Toronto structured interview for alexithymia in different clinical situations

Solano L, Di Trani M (IT)

Room B Symposium 3 - OMEGA-3 POLYUNSATURATED FATTY ACIDS IN DEPRESSION AND ANXIETY: FROM BEDSIDE TO POPULATION*Chairs:* Y. Matsuoka (JP), F. Jacka (AU)**The role of omega-3 fatty acids in mood disorder**

Balanzá-Martínez V (ES)

Omega-3 fatty acids for attenuating posttraumatic stress symptoms after the earthquake: a randomized controlled trial

Nishi D, Matsuoka Y (JP)

Dietary intake of fish and polyunsaturated fatty acids, and clinical depression and anxiety

Jacka FN (AU)

Fish oils for aggression, hostility, and suicidal behavior

Hamazaki K, Hamazaki T, Inadera H (JP)

Room C Clinical case 1*Chairs:* T. Sivik (SE), G.R. Taylor (CA)**A psychosomatic clinical case of systemic lupus erythematosus**

F. Barbosa, C. Ferreira, A. Barbosa (PT)

Room D Research communications 4 - PAIN*Chairs:* M. Quartilho (PT), J. Streltzer (US)**Psychophysiological decoupling in alexithymic pain disorder patients**

Kleiman A, Kramer KA, Wegener I, Koch AS, Geiser F, Imbierowicz K, Zur B, Rupert Conrad R (DE)

Chronic pain, attachment, and stressful life events

Oliveira C, Gomes A, Silva I (PT)

What lies behind pain? Evaluating psychiatric dimension

Ribeiro AM, Costa A, Rebelo V, Gomes A, Roma Torres A, Coelho R (PT)

Pain behaviours and psychiatric complications in pain syndrome

Singh AN (CA)

Comparing sickle cell disease patients with and without extremely high hospital use: pain, opioid use, and coping paradigms

Weisberg D, Brown SE, Balf-Soran G, Forray A, Sledge WS (US)

Room E Research communications 5 - DEPRESSION IN MEDICALLY ILL*Chairs:* C. Góis (PT), M. Joukamaa (FI)**Depression and anxiety in cardiovascular outpatient clinic**

Ansari S, Bayani B, Yousefi S, Bayani M, Shirmohammadi M, Alimoradi A, Falsoleiman H, Parsafar H, Arbabi M (IR)

Real world psychiatric treatment after a routine depression screening protocol in heart failure

Tully PJ (AU)

Associations between alexithymia, depression, and reported pain in general population

Mattila AK, Karukivi M, Jula A, Kronholm E, Joukamaa M (FI)

Depression and physical illness

Fernandes I, Duarte M, Lopes J (PT)

Anxiety and depression symptoms in liver encephalopathy: Are they psychiatric or organic?

Telles Correia D, Mega I, Freire MJ, Barreira D, Cortez-Pinto H (PT)

Depression treatment in type 2 diabetes

Góis C, Carmo I, Barbosa A (PT)

09:00 - 11:00

Room F **Moving Seminar***Chairs: W. Schüffel (DE), T. Leydenbach (FR)*

11:30 -12:30

Room **Plenary lecture 2**

A+B

*Chair: N. Sonino (IT)***Psychosomatics: Past, present and future**

T.N. Wise (US)

14:00 - 15:00

Room A **Symposium 4 - HEALTH-RELATED QUALITY OF LIFE OF EUROPEAN CHILDREN AND ADOLESCENTS WITH CHRONIC HEALTH CONDITIONS AS ASSESSED WITH THE CHRONIC-GENERIC (DISABKIDS) INSTRUMENT***Chairs: M.C. Canavarro (PT), M. Bullinger (DE)***A European approach to measuring quality of life in children with chronic conditions: The DISABKIDS experience**

Bullinger M, Petersen C, Muehlan H, Schmidt S, DISABKIDS Group (DE)

Health-related quality of life of European children and adolescents with short stature as assessed with chronic-generic (DISABKIDS) and generic (KIDSCREEN) instruments

Rohenkohl A (DE), Silva N (PT), Quitmann J (DE), Sieberer UR (DE), Bullinger M (DE), QoLISSY Group

The role of psychological adjustment on the health-related quality of life of children and adolescents with chronic conditions as assessed with DISABKIDS-12 questionnaires

Silva N (PT), Carona C (PT), Moreira H (PT), Crespo C (PT), Bullinger M (DE), Canavarro MC (PT)

Differences and commonalities in the adaptation of parents and their children with and without chronic conditions: Assessing outcomes and linking parents and their children's quality of life

Moreira H (PT), Carona C (PT), Silva N (PT), Frontini R (PT), Bullinger M (DE), Canavarro MC (PT)

Room B Update lectures 2

Chairs: C. Rafanelli (IT), D. Sampaio (PT)

14:00 - **Well-being in psychosomatic medicine: Assessment tools and scientific directions**

C. Ryff (US)

14:30 - **Family interventions for chronic medical illness: An update**

G.I. Keitner (US)

Room C Workshop 1 - ASSESSMENT OF PSYCHOSOMATIC STRESS BY MEASUREMENT OF PRESSURE PAIN SENSITIVITY OF THE CHEST BONE (PPS)

Chairs: S. Ballegaard (DK), C. Kubo (JP)

Introduction (historic and philosophical introduction)

Ballegaard S (DK)

Pain assessment and descending pain inhibition

Arendt-Nielsen L (DK)

Stress, Psychometrics and PPS

Csillag C (DK)

PPS as a measure for physiological stress

Ballegaard S (DK)

PPS measurements: Clinical studies

Faber J (DK)

Room D Research communications 6 - TRANSPLANTATION

Chairs: K.B. Koh (KR), D. Telles-Correia (PT)

Attachments style in liver transplant recipients

Zimbren P (US)

A psychosomatic approach to severe nausea and vomiting in liver transplanted FAP patients

Telles-Correia D (PT)

Psychological aspects of living donor kidney transplantation: a follow- up study

Silva F, Paulo A, Machado D (PT)

Nonadherence in liver transplantation: how to improve it?

Mega I, Telles-Correia D, Barroso E (PT)

Difficulties in psychosocial assessment of candidates to solid organ transplantation

Lopes A, Frade IC, Amorim M, Castro Henriques A, Daniel J (PT)

Room E Research communications 7 - PSYCHOSOCIAL ISSUES IN THE MEDICALLY ILL

Chairs: W. Linden (CA), M. Paulino (PT)

Integrative assessment and intervention for the complex medical ill: preliminary results

Barbosa F, Ferro A, Sousa F, Santos AL, Lé P, Cardoso D, Mano S, Barbosa A (PT)

Coping and personality assessment in medical

Pais-Ribeiro JL (PT)

Singularities of the clinical practice in consultation liaison psychiatry

Vieira C, Luís A, Tomé C, Miranda M (PT)

The use of potentially inappropriate medications in elderly patients with delirium

Renca S, Lagarto L, Nogueira V, Cabral A, Cerejeira J (PT)

Sleep disorders in patients with psychosomatic illnesses

Linden M (DE)

Biological mechanism of psychosocial interventions in cardiovascular diseases

Singh AN (CA)

15:00 - 16:00

Room A Symposium 5 - FUNCTIONAL NEUROIMAGING OF MIND-BODY INTERACTION*Chairs:* N. Sudo (JP), M. Teufel (DE)**Targeting mind and body interaction by biofeedback therapy in chronic fatigue syndrome**

Teufel M, Windthorst P, Giel KE, Kuske M, Niess AM, Zipfel S (DE)

A new technique for safely decreasing the blood catecholamine level

Kamei T, Sasaki N, Jimbo S, Suyama K (JP)

Functional neuroimaging study of the relationship between fear and the sympathetic nervous system

Yoshihara K (JP)

Room B Symposium 6 - CONTEMPORARY EMPIRICAL RESEARCH EXPLORING THE ALEXITHYMIA CONSTRUCT*Chairs:* G.J. Taylor (CA), R. Verissimo (PT)**The epidemiology of alexithymia - Finnish studies during the past two decades**

Joukamaa M (FI)

The empirical associations of alexithymia with the personality inventory for DSM-5 (PID-5)

Bagby RM, Taylor GJ, Ayearst LA (CA)

Grey matter volumes in alexithymia

Grabe HJ (DE)

Alexithymia, somatization and somatic side effects of antiviral therapy in hepatitis C virus (HCV)-infected patients

Porcelli P, Cozzolongo R, Lanzillotta E, Giannuzzi V, Leandro G (IT)

Room C Clinical case 2*Chairs:* H. Karlsson (FI), F. Cosci (IT)**Atopic dermatitis - how emotions enter the skin: A case report**

U. Gieler (DE), D. Linder (IT)

Room D Workshop 2 - STRATEGIES TO IMPROVE WELL-BEING*Chairs:* C. Ryff (US), C. Ruini (IT)**Room E Research communications 8 - CLINICIAN-PATIENT RELATIONSHIP***Chairs:* T. Maia (PT), J.C. Riechelmann (BR)**Can communication skills influence cardiovascular function assessment? A study on stress test performance**

Braga J, Figueiredo-Braga (PT)

Patients' preference to hear bad news

Arbabi M, Rozdar A, Taher M, Shirzad S, Ansari S (IR)

How to break bad news: Physicians' and nurses' attitudes

Arbabi M, Roozdar A, Taher M, Shirzad S, Tahmaseb M, Roozdar A, Ansari S (IR)

Development of work-related experiencing and attitudes during inpatient treatment: A longitudinal multicenter study

Cojocar L, Bielmeier J, Loew TH (DE)

Depression and coping mechanism in dyspepsia patient with chemotherapy

Murni AW, Sonia G, Rulianti MR (ID)

16:30 - 17:30

Room A Symposium 7 - CULTURE AND PSYCHOSOMATIC MEDICINE*Chairs:* J. Streltzer (US), W. Schüffel (DE)**Room B ICPM/WPA Joint Symposium - PSYCHOSOCIAL AND PSYCHIATRIC ISSUES IN PALLIATIVE CARE***Chairs:* A. Barbosa (PT), L. Grassi (IT)**Pre-loss symptoms related to risk of complicated grief in caregivers of terminally ill cancer patients: A pilot Italian study.**

Nanni MG, Grassi L (IT)

Dignity Therapy and its efficacy on depression and anxiety of terminally ill patients - results from a Portuguese randomized controlled trial

Julião M (PT)

Psycho-social and palliative care issues in advanced heart failure patients with mechanical circulatory support

Lee HB (US)

Room C Clinical case 3*Chairs:* C. Dejourns (FR), C. Ruini (IT)**When anorexia nervosa becomes secondary: A case report of an underlying myopathy**

A. Neto, C. Tomé, I.M. Moura, A. Valverde, M. Miranda, S. Magalhães, G.B. Martins, A.F. Correia, N. Borja-Santos, T. Maia (PT)

Room D Workgroup - PSYCHOSOMATIC POSTGRADUATE TRAINING*Chair:* G.A. Fava (IT), C. Fazekas (AT)**Room E Research communications 9 - FUNCTIONAL DISORDERS***Chairs:* C. Fabião (PT), P. Fink (DK)**Significance of double steps reattribution integrative model for patients with functional dyspepsia (FD)**

Cao J, Ren X, Zhu G, Wang Y (CN)

Abdominal symptoms are changeable in adolescent irritable bowel syndrome: two-year follow up study

Endo Y, Shoji T, Tamura D, Sato Y, Machida T, Machida T, Fukudo S (JP)

The good, the bad and the ugly press. A successful strategy on how to get a positive attitude to functional disorders

Fink P, Toscano L (DK)

Emotional and personality characteristics among individuals with irritable bowel syndrome

Tosic-Golubovic S, Sibinovic V, Nikolic G, Zikic O, Sibinovic-Raicevic S (RS)

Fibromyalgia as a spectrum disorder of multiple distresses

Murakami M, Matsuno T, Kim W, Koike K, Murakami M, Mochimaru J, Miura K, Maruoka S, Ebana S (JP)

Sick leave before acute whiplash trauma predicts course of recovery

Carstensen TBW, Fink P, Oernboel E, Kongsted A, Kasch H, Jensen TS, Frosthholm L (DK)

POSTER SESSION - Discussion 11:00 - 11:30, 16:00 - 16:30

Affect Regulation

- 1 **Body awareness in fibromyalgia patients with and without alexithymia. a qualitative approach of hyper- and disembodiment**
Calsius J, Stiers J (BE)
- 2 **Alexithymia precedes or follows a medical condition? family survey in two medical conditions**
Ciaramella A, Bonci F, La Manna M, Pennato T, Falcone A, Poli P (IT)
- 3 **Alexithymia – a reason for somatization?**
Lourenço B, Agostinho C, Gonçalves M, Nobre MA (PT)
- 4 **Alexithymia and social cognition in obese patients**
Micanti F, Cucciniello C, Orlando S, Pecoraro G, Balletta R, Formato MV, Galletta D, Lasevoli F (IT)
- 5 **Assessing alexithymia with the diagnostic criteria for psychosomatic research. a cluster analysis in 1190 medical patients**
Porcelli P, Guidi J, Sirri S, Grandi S, Grassi L, Ottolini F, Pasquini P, Picardi A, Rafanelli C, Rigatelli M, Sonino N, Fava GA (IT)
- 6 **Alexithymia is associated with greater risk of chronic pain in the general population: the Hisayama study**
Shibata MK, Hosoi M, Ninomiya T (JP), Jensen MP (US), Anno K, Makino S, Iwaki R, Yamashiro K, Yoshida T, Kiyohara Y, Sudo N (JP)
- 7 **Alexithymia, therapeutic alliance and chance processes: 2 case studies**
Silva AN, Vasco AB (PT), Watson J (CA)
- 8 **Which emotional processes are impaired in alexithymic patients? A comparison between clinical and non-clinical samples**
Silva AN, Vasco AB (PT), Watson J (CA)
- 9 **Neural substrates regulating the intensity of emotional autobiographical memory**
Oba K, Terasawa Y, Motomura Y, Kikuchi Y, Moriguchi Y, Mishima K (JP)
- 10 **The impact of the diagnostic investigations of infertility: The association between emotion regulation and coping styles**
Velotti P, Castellano R, Vari C, Garofalo C (IT)

- 11 Concurrent validity of the profile of mood states (POMS) with the positive and negative affect schedule (PANAS)**
Quental D, Bos SC, Soares MJ, Marques M, Pereira AT, Amaral AP, Azevedo MH, Valente J, Macedo A (PT)
- 12 Measuring negative and positive affect in medical students**
Bos SC, Soares MJ, Marques M, Pereira AT, Amaral AP, Azevedo MH, Valente J, Macedo A (PT)
- 13 A survey of the consciousness of junior high school in Japan about their careers**
Iwasaki Y (JP)

Stress/Allostatic load

- 14 Examining consultants' occupational stress and stress management strategies**
von Humboldt S, Leal I (PT)
- 15 The characteristics of neo-ffs and irrational beliefs in namake (a state of maladaptation schoolwork) tendency students in Japan**
Hashimoto H, Hisamura M (JP)
- 16 Nitric oxide could prevent fatigue caused by job strain in women**
Takaki J (JP)
- 17 Burnout, job satisfaction and coping with stress of the oncology staff**
Guveli H, Anuk D, Kocaman N, Guveli ME, Oflaz S, Ozkan M, Ozkan S (TR)
- 18 Satisfaction with social support scale applied to college students: validation study**
Campos JADB (BR), Maroco J, Vinagre MG, Pais-Ribeiro JL (PT)
- 19 Effects of meaning in life, social support and optimism on subjective vitality in elders**
Ju H, Hyun M-H (KR)
- 20 The evaluation of family functioning by the family assessment device: a systematic review of studies in clinical populations**
Staccini L, Tomba E, Grandi S (IT)
- 21 Outcome evaluation of a psycho-educational program to prevent psychosocial distress among new health professionals**
Ando M, Ando S (JP)
- 22 Researching the ways to reduce distress during the dental treatment**
Anisimova E, Gasanova Z, Molchanov A (RU)
- 23 Incidence and prediction of posttraumatic stress disorder at 6 months after motor vehicle accident in Japan**
Matsuoka Y, Nishi D, Noguchi H, Yonemoto N, Nakajima S, Kim Y (JP)
- 24 Study of the influence of practice teaching on mental health for student teachers with aspiration of becoming teacher**
Miyata M, Lida K (JP)
- 25 Stress test analysis in depressive patients in Cipto Mangunkusumo hospital**
Sofia NA, Putranto R, Shatri H, Mudjaddid E (ID)
- 26 Effect of mindfulness meditation: vipassana on stress**
Surinrut P, Auamnoy T, Sangwatanaroj S (TH)
- 27 Propofol injection may link to posttraumatic stress disorder after motor vehicle accident: a longitudinal study**
Usuki M, Matsuoka Y, Nishi D, Yonemoto N, Matsumura K, Otomo Y, Kim Y, Kanba S (JP)
- 28 Specific microrna expressions under chronic starvation stress in mouse hippocampus**
Takakura S, Kawai K, Hiramoto T, Takii M, Kubo C, Sudo N (JP)

- 29 Resilience as a positive answer to overload allostatic traumatic stress**
Banfi M, Francescato S, Lastretti M, Marinangeli F, Trapasso T, Filastro A, Gentili P (IT)
- 30 Assessment of allostatic overload in patients with congestive heart failure**
Rafanelli C, Guidi J, Roncuzzi R, Offidani E, Fava GA (IT)
- 31 Higher sense of contribution could be associated with lower levels of blood glucose and serum ldl cholesterol**
Takaki J, Fujii Y, Taniguchi T, Hirokawa K, Tsutsumi A (JP)
- 32 Drugs side effects and autonomic dysfunction: the influence of panic spectrum**
Ciaramella A, Poli P (IT)
- 33 Heart rate variability in depressive patients in Cipto Mangunkusumo hospital**
Ali Apriansyah M, Putranto R, Shatri H, Mudjaddid E (ID)
- 34 Heart rate variability in anxiety patients in Cipto Mangunkusumo hospital**
Hanida W, Putranto R, Shatri H, Mudjaddid E (ID)
- 35 Self-care behavior in case of common cold and quality of life among Japanese who attended periodic physical check**
Shaku F, TsuTsumi M, Miyazawa A, Takagi H (JP)

Functional Disorders

- 36 Somatization in an inpatient population**
Barbosa F, Ferro A, Sousa F, Santos AL, Lé P, Cardoso D, Mano S, Barbosa A (PT)
- 37 Childhood trauma and somatization in adulthood: brief review and case report**
Gonçalves M, Santos Z (PT)
- 38 From vomits to antidepressant: A somatization case**
Maricoto T, Silva E (PT)
- 39 Body schema and body image organization in people with high levels of somatization**
Maximiano J, Santos E (PT)
- 40 Factitious disorder: a case report of dermatitis artefacta**
Renca S, Santos Z, Brites MM, Caldeira S, Cabral A (PT)
- 41 Somatoform disorders in children and adolescent – 7 month period sample analysis**
Silva SS, Dieudonné V (PT)
- 42 Understanding the medically unexplained symptoms among children and adolescent of non clinical population**
Cerutti R, Spensieri V, Valastro C, Guidetti V (IT)
- 43 Relation between medically unexplained somatic complaints and exposure to childhood abuse and/or domestic violence in women**
Anuk D, Bahadır G, Ozkan M, Ozkan S (TR)
- 44 Stroke or conversion disorder**
Agostinho C, Lourenço B, Valverde A (PT)
- 45 Briquet syndrome - the forgotten diagnosis?**
Costa A, Ribeiro AM, Rebelo V, Gomes A, Barbosa P, Coelho R (PT)
- 46 Bilateral psychogenic pseudoptosis with blepharospasm, an uncommon manifestation of conversion disorder- case report**
Cotta C, Vila-Nova V, Durães D, Martins JM, Jesus G, Pereira M, Paiva A (PT)
- 47 Psychogenic non-epileptic seizures : Clinical review**
Maciel J, Pina P, Fonte A (PT)

- 48 Comprehensive management of psychogenic aphonic and dysphonia: A case illustration**
Caetano S, Ramos J (PT)
- 49 Theoretical review of psychogenic movement disorders: the role of the psychiatrist and neurologist**
Caetano S, Ramos J (PT)

Cardiovascular disorders

- 50 The modification of quality of life, well-being, psychosomatic and psychopatological distress in cardiac rehabilitation**
Gostoli S, Rafanelli C, Roncuzzi R (IT)
- 51 Association between cardiac autonomic abnormality and newly-diagnosed depression of elderly**
Ha JH, Kim B, Park D-H (KR)
- 52 The role of psychiatric and psychosomatic correlates on lifestyles modification in cardiac rehabilitation**
Rafanelli C, Gostoli S, Roncuzzi R (IT)
- 53 Effects of experience of icd shock and agoraphobic symptoms on depression of patients with cardiac disease**
Suzuki S, Ichikura K, Matsuoka S, Shimada M, Kobayashi S, Suzuki T, Nishimura K, Shiga T, Ishigooka J, Hagiwara J (JP)
- 54 The association between baroreflex sensitivity and pressure pain sensitivity in ischemic heart disease (IHD)**
Ballegaard S, N Bergmann N, Karpatschof B, Andersen LJ, Kristiansen J, Bech P, Hjalmarsson Å, Gyntelberg F, Faber J (DK, SE)
- 55 The effect of self-measurement of pressure pain sensitivity followed by acupressure on depression and quality of life in IHD**
Bergmann N, Ballegaard S, Bech P (DK), Hjalmarsson Å (SE), Krogh J, Gyntelberg F, Faber J (DK)
- 56 Pressure pain sensitivity: A new method of stress 2 measurement in patients with ischemic heart disease**
Bergmann N, Ballegaard S, Pernille Holmager P, Kristiansen J, Gyntelberg F, Andersen LJ (DK) Hjalmarsson Å (SE), Bech P, Arendt-Nielsen L, Faber J (DK)
- 57 Clinical significance of coronary artery disease in stress induced cardiomyopathy**
Chau A, Krumenacher P, Matel-Anderson DJ, Ahn KW, Siegel R, Muirhead Y, Park SC, Kim HS, Park SH, Kim D, Choi BW (US)
- 58 Types of mental stress in stress induced cardiomyopathy**
Chau A, Krumenacher P, Matel-Anderson DJ, Ahn KW, Siegel R, Muirhead Y, Park SC, Kim HS, Park SH, Kim D, Choi BW (US)
- 59 Raised il-2 and tnf-alpha concentrations are independently associated with delirium after coronary artery bypass graft surgery**
Kazmierski J, Banys A, Latek J (PL), Bourke J (UK), Jaszewski R, Kloszewska I (PL)
- 60 Psychological and psychosomatic profile of depressed patients with acute coronary syndromes who do not accept psychological help**
Rafanelli C, Gostoli S, Buzzichelli S, Abbatedaga G, Roncuzzi R (IT)
- 61 Depression in post myocardial infarction patients**
Rosari A, Harismet F, Hanum H, Realsyah T, Safri Z, Putranto R, Mudjaddid E, Shatri H (ID)
- 62 Changes in pressure pain sensitivity and cardiovascular factors associated with persistent stress**
Ballegaard S, Petersen PB, Harboe GS, Karpatschof B, Gyntelberg F, Faber J (DK)

- 63 Type D personality in cardiovascular psychosomatics: association with type a behavior, demoralization and depression**
Gostoli S, Rafanelli C, Roncuzzi R (IT)
- 64 Psychosocial factors related to treatment non-adherence in patients with chronic cardiovascular disease**
Laera D, Porcelli P, Mastrangelo D, Di Masi A (IT)
- 65 Correlation between psychological adaptation strategies and the type of hypertension**
Isaeva ER, Ivanova GA (RU)
- 66 Slow respiring supported by a periodical mechanic tactile stimulus reduces highly normal blood pressure significantly**
Schredl S, Loew TH (DE)
- 67 Age and gender difference in the association of effort-reward imbalance with blood pressure**
Takaki J, Yasuhito Fujii Y, Taniguchi T, Hirokawa K, Tsutsumi A (JP)
- 68 The perceived stress and deep venous thrombosis**
Hotoleanu C, Dumitrascu DL (RO)
- 69 How do brain lesions affect the patients' relationship with the caregiver? an exploratory study in stroke patients**
Farinelli M, Gestieri L (IT), Northoff G(CA)
- 70 Family functioning, psychological well-being and distress in stroke patients: a pilot investigation**
Staccini L, Tomba E, Farinelli M, Grandi S (IT)
- 71 Psychosocial integrated assessment in stroke patients: a case report**
Farinelli M, Staccini L, Gestieri L, Simoni C, Fossi CA, Maffei M, Cevolani D (IT), Northoff G (CA)

Eating disorders

- 72 Psychosocial aspects of overweight and obesity, a review**
Alosaimi F (SA)
- 73 Testing the original and the extended dual-pathway model of lack of control over eating: a two-year longitudinal study**
Dakanalis A, Clerici M, Madeddu F, Riva G, Zanetti MA, Caccialanza R (IT)
- 74 Reports of obese women who had adequate weight gain during pregnancy – qualitative research in southeastern Brazil**
Faria DB, Vieira CM, Surita FGC, Turato ER (BR)
- 75 An investigation concerning the coping mechanisms for the symptoms which distress the families of the eating disorder patients**
Nakamoto C, Suzuki Y (JP)
- 76 The number of arousal episodes during sleep of obese patients is predictive of weight loss**
Nozaki T, Sawamoto R, Furukawa T, Tokushige, Tanahashi, Morita C, Hata T, Kawai K, Komaki G, Sudo N (JP)
- 77 The relationship between type a behavior pattern and obesity in Japanese workers**
Ogawa S, Ymasaki H, Saigo T, Hattori T, Tomiie T, Hamaguchi T, Sirabe S, Munakata M, Tayama J (JP)
- 78 The relationship between psychological factors and eating disorders in adolescence**
Patrão I, Pinheiro T (PT)
- 79 Screening for eating disorders by primary care in students of degree of physical education and sports**
Petito A, Luso S, Bellomo A (IT)

- 80 Body shape concerns: differences between healthy weight and overweight/obese middle-aged women**
Pimenta F, Maroco J, Correia A, Leal I (PT)
- 81 Weight concerns scale applied to college students: Validity and reliability of paper-and-pencil and internet administration**
Dias JCR, Campos JADB (BR)
- 82 Characteristics of overweight and obese patients with binge eating disorder**
Sawamoto R, Nozaki T, Tanahashi T, Furukawa T, Morita C, Hata T, Sudo N (JP)
- 83 Psychological well-being in eating disorders: A controlled study**
Tomba E, Offidani E, Tecuta L, Schumann R, Ballardini D (IT)
- 84 The Portuguese version of the 'experience of caregiving inventory' in anorexia nervosa**
Gonçalves-Pereira M, Coromina M, Alves da Silva J, Sampaio D (PT)
- 85 Ghrelin activation in response to medium chain fatty acid administration in patients with anorexia nervosa**
Kawai K, Nakashima M, Yamashita S, Takakura S, Takii M, Kubo C, Sudo N (JP)
- 86 Treatment of osteoporosis with teriparatide in anorexia nervosa patients**
Sasaki T, Kodama T, Nakamoto (JP)
- 87 Altered brain activity in patients with anorexia nervosa during decision making: an FMRI study**
Sato Y, Aizawa E, Sekiguchi A, Kotozaki Y, Sugiura M, Taki Y, Hashizume H, Shoji T, Endo Y, Kochiyama T, Kawashima R, Fukudo S (JP)
- 88 If people with anorexia nervosa have dysregulated feeding behaviour, where should we look?**
Silva J, Casanova T, Borges S, Matos A, Caetano S, Ramos J, Cajão R (PT)
- 89 An evaluation of the specific mechanism by which attachment affects eating psychopathology**
Dakanalis A, Zanetti MA (IT), Alix Timko CA (US), Madeddu F, Riva G, Clerici M (IT)
- 90 The criterion validity of the diagnostic criteria for psychosomatic research in patients**
Venditti F, Bernini O, Cosci F, Berrocal C (IT)

Cancer

- 91 Psychiatric diagnosis and psycho-social risk factors of cancer patients in psycho-oncology outpatient department**
Anuk D, Güveli H, Oflaz S, Ozkan M, Ozkan S (TR)
- 92 The effect of marriage relationship on interaction of anxiety-depression levels of cancer patients and their spouses**
Anuk D, Ozkan S, Ozkan M (TR)
- 93 Biofeedback guided stress management for women with primary breast cancer**
Axelsson CK, Ballegaard S, Karpachof B, Schousen P (DK)
- 94 When psychiatric symptoms precede the diagnosis of lung cancer; a case report**
Abriel S, Albuquerque E, Tarelho A, Duarte M (PT)
- 95 The predictive validity of positive and negative affectivity in patients with cancer**
Bernini O, Venditti F, Cosci F, Berrocal C (IT)
- 96 "All my life ahead of me!" the issue of time in the psychotherapeutic treatment with adolescent suffering from cancer**
Gigli F, Velotti P (IT)
- 97 Perceived social support and demoralization in women with breast cancer**
Grandi S, Sirri L, Fava GA (IT)

- 98 Illness perceptions about cervical cancer among healthy women, women with precursory lesions and health professionals in Brazil**
Kern de Castro E, Monteiro JK, Kuhn C, Lawrenz P, Romeiro F, Lima N, Grisa GH, Rodrigues MA, Quadros MO (BR)
- 99 Medical education in psycho-oncology: A psychosomatic perspective**
Leombruni P, Miniotti M, Sica C, Zizzi F, Castelli L, Torta R (IT)
- 100 Can stress vulnerability predict patients' reactivity to breast cancer diagnosis?**
Ouakinin S, Susana Eusébio S, Torrado M, Gonçalves G, Nabais I, Lopes LV (PT)
- 101 Cancer psychological distress: Time of the disease, the type of cancer and gender**
Patrão I, Teodoro R (PT)
- 102 Adaptation to breast cancer and gynecological cancer in pre and postoperative period**
Pereira H, Alves C (PT)
- 103 The structure of psychosocial difficulties and its relationship with psychosocial adjustment in childhood cancer survivors**
Takei Y, Ozawa M, Moritake H, Manabe A, Suzuki S (JP)
- 104 Psychological and physical adaptation to breast cancer: May gratitude play a protective role?**
Vescovelli F, Ruini C (IT)
- 105 Post-traumatic growth and somatization: An exploration of their relationships in breast cancer survivors and healthy individuals**
Vescovelli F, Albieri E, Ruini C (IT)
- 106 Long-term effects in cancer survivors: A review of psychosocial implications**
Cruz AS, Almeida SS (PT)
- 107 Ideas on cancer and coping styles in Brazilian women with breast cancer: A qualitative study**
Alves VLP, Lima DD, Shinzato JY, Brenell FP, Turato ER (BR)
- 108 Genetic resilience and vulnerability and its inflammatory modulation in depression in cancer patients**
Almeida SS, Oliveira MA (PT)
- 109 Allostatic overload and post traumatic growth in breast cancer patients and women with recent life events**
Ruini C, Offidani E (IT)
- 110 Psychoimmunology and breast cancer: Psychosocial factors and immune function in women with breast neoplasia**
Sousa F, Lima L, Barbosa A (PT)
- 111 Quality of life of cancer patients: Face validity and content validity of two instruments**
Spexoto MCB, Serrano SV, Maroco J, Campos JADB (BR)

Diabetes

- 112 HBA1C level in type 2 diabetes mellitus patients with depressive symptoms**
Ali Apriansyah M, Kartika H, Putranto R, Shatri H, Mudjaddid E, Kusnadi Y, Shahab A (ID)
- 113 Prevalence and determinants of depressive symptoms in a Portuguese clinic population with type 2 diabetes**
Gois C, Barbosa A (PT)
- 114 Psycho-emotional disorders in patients with diabetic foot ulcers and their correction**
Isachenkova O (RU)
- 115 The reliability and validity of a newly developed scale to measure negative cognition toward diabetes**
Takii M, Uchigata Y, Kishimoto J, Okada A, Matsumoto M, Morita C, Hata T, Nozaki T, Kawai K, Sudo N (JP)

- 116 Long work time is associated with higher risk of diabetes in urban male workers**
Tayama J, Hattori T (JP), Li J (CN), Munakata M (JP)
- 117 Allostatic overload in young adults with type 1 diabetes and healthy controls**
Tomba E, Offidani E, Grandi S, Fava GA (IT)
- 118 Psychological well-being, distress and family functioning in young adults with type 1 diabetes: A controlled study**
Tomba E, Offidani E, Santini C, Suprani T, Grandi S (IT)
- 119 Proposal for a model of outpatient medical and psychological for women with previous gestational diabetes**
Lastretti M, Abbruzzese S, Visalli N, Gentili P, Fattapposta F, Banfi M (IT)
- 120 Impact of comorbid depression on glycemic control and family functioning in treatment-resistant type 2 diabetes patients**
Saeki T, Takaishi M, Yamawaki S, Ishida K, Komo T, Tazuma S (JP)
- 121 Predictors of therapeutic adherence in children and adolescents with type I diabetes mellitus**
Silva V, Costa E, Simões D (PT)
- 122 “He drinks all the water jars” – a X fragil syndrome and diabetes insipidus report**
Matos AF, Caetano S Ramos J, Oliveira AI (PT)

Pregnancy/ Childhood /Adolescence

- 123 The Rosenberg self-esteem scale: What is the best factor structure in Brazilian adolescents?**
Bonafé FSS, Maroco J, Camparis CM, Campos JADB (BR)
- 124 Parenting behaviors and health-related problems**
Costa PA, Pereira, H, Leal I (PT)
- 125 The changes of alpha-amylase levels in saliva during internship of childcare students**
Miyazaki T (JP)
- 126 Biopsychosocial functioning in maternal prenatal pregnancy**
Petito A, Nappi L, Luso S, Manzi A, Telesca A, Greco P, Bellomo A (IT)
- 128 Hypochondriacal fears and beliefs and psychological distress in adolescents**
Ricci Garotti MG, Sirri L, Tossani E, Grandi S (IT)
- 129 “Mind-body” awareness in childhood: Educational project in primary school**
Rossi M, Paroli M, Taglioli P, Minucci S, Rossi S, Ciaramella A (IT)
- 130 I’m irreverent, but why?**
Cruz C, Duarte J, Antunes A, Almeida M, Peres V (PT)
- 131 Hostile behaviors in adolescents: Reality or fiction?**
Cruz C, Duarte J, Almeida M, Antunes A, Peres V (PT)
- 132 The effect of parent-adolescent communication on the computer game overuse: Adolescent's self-control as a mediating variable**
Kwon H-C, Ahn G-Y-R (KR)
- 133 The dream in the formation of conscience in children**
Mendes Pedro A, Azevedo e Silva N, Cintra R (PT)
- 134 Abuse in infancy and self-endangering conducts in age adult: The Rorschach like pointer in a clinical case in SPDC**
Banfi M, Gentili P, Lastretti M, Francescato S, Filastro A (IT), Trapasso T (FR), Marinangeli F, Orso L (IT)

Personality

- 135 The locus of control, when left to chance, has a negative impact on immunosuppressant therapy adherence**
Epstein F, Kale P, Trammell J, Stevenson J, Polland E, Weisshaar D, Skhiri M (US)
- 136 Lifestyle and metabolic syndrome in psychiatric inpatients**
Faria R, Alvarez M, Lopes E, Fonte A (PT)
- 137 Type D personality and cognitive bias of interpretation toward threat**
Grynberg D, Gidron Y (BE), Denollet J (NL), Luminet O (BE)
- 138 Perfectionism and health outcomes across adult age span**
Hewitt PL, Flett GL (CA)
- 139 Temperament and character personality profile and illness-related stress in central serous chorioretinopathy**
Kleiman A, Conrad R, Geiser F, Zur B, Karpawitz-Godt A (DE)
- 140 Axis-II personality disorders in heart failure identified by routine depression screening protocols**
Tully PJ (AU)
- 141 The heart, stress and type D personality: What kind of relationships are there?**
Vukovic O, Stepanovic J, Ostojic M, Lecic-Tosevski D (XS)
- 142 Does the analysis strategy change findings in type D research? individual patient data meta-analysis**
Barth J (CH), Grande G (DE)
- 143 Personality traits and tobacco use: Affective temperaments and their relationship with smoking patterns. a cross-sectional study**
Eory A, Gonda X, Torzsa P, Kalabay L, Rihmer Z (HU)
- 254 The therapist/patient relationship as one of the major placebo effect factors**
Afonso I (PT)
- 268 Learning psychosomatic medicine using case method for postgraduate psychology students**
Moriya M, Doi S, Miyamoto A, Aoki S, Lisakan A, Iwai T, Kawabe H, Maeda K (JP)
- 276 Oncology nursing challenges: The role of patient-centered care**
Patrão I, Santos-Rita J, Grilo A (PT)
- 277 Patient-centered care in oncology: Comparison between medical doctors and nurses**
Santos-Rita J, Patrão I, Grilo A (PT)

09:00 -10:00

Room A Symposium 8 - GUT FEELINGS OR GUT SYMPTOMS? A PSYCHOSOMATIC APPROACH OF CHRONIC INTESTINAL DISEASES*Chairs:* D. Dumitrascu (RO), R. Veríssimo (PT)**Cognitive-behavioural therapy in inflammatory bowel disease: What's the evidence?**

Mikocka-Walus A (UK)

Medical doctors trained in psychosomatic medicine have happier patients

Dumitrascu DL, David L, Baban A (RO)

Attention in IBS Patients

Tkalčić M, Domijan D, Pletikosić S, Šetić M, Hauser G (HR)

Quality of life in IBD and IBS patients measured by IBD-QoL: Nonspecific symptoms produce similar impairment

Grad S, Baban A, Dumitrascu DL (RO)

Room B Update lectures 3*Chairs:* L. Figueira (PT), W. Sledge (US)**09:00 - The neurobiological mechanisms of psychotherapy**

H. Karlsson (FI)

09:30 - The stressed brain

N. Sousa (PT)

Room C Research communications 10 - CANCER*Chairs:* C. Fazekas (AT), L. Monteiro (PT)**Breast cancer: quality of life and importance of psychological support-Croatian sample**

Brajkovic L, Bras M, Djordjevic V, Radic I (HR)

Gender effect on depression, anxiety and distress when starting chemotherapy

Cardoso G, Pacheco C, Ramos J, Palma M, Ribeiro J, Trancas B, Vieira C, Graça J, Klut C, Martins M, Neto A, Xavier S, Papoila AL (PT)

Is cancer emotions-free? - a study of psychological factors on colorectal cancer patients

Kakoo E, Ouakinin S, Costa L (PT)

Considerations on the psychological distress of mastectomy patients

Nirã dos Santos V, Yamamoto K (BR)

Room D Research communications 11 - INTERVENTIONS II*Chairs:* F. Cosci (IT), M.J. Heitor (PT)**Towards individualized seamless care for patients with mental disorders through mental health**

Kordy H (DE)

Dreaming: a "training program" for reality

Vasconcelos T (PT)

Effects of a placebo intervention on heart rate variability (HRV), total peripheral resistance index (TPRI), and blood pressure

Zimmermann-Viehoff F, Koch J, Weber C, Richter S, Deter HC (DE)

Antidepressant reduces gut stimulation-induced brain activation in men

Fukudo S, Itoh N, Kanazawa M, Watanabe S, Hamaguchi T, Morishita J, Kano M, Tashiro M (JP)

Influence of diet, art, and biofield therapy on quality of life: a survey of those with different health status in Japan

Suzuki K, Kimura T, Uchida S, Katamura H (JP)

Room E **Research communications 12 - HIV**

Chairs: J. Gago (PT), C. Ruini (IT)

Body image in drug addiction HIV/AIDS

Gomes A, Pedro A, Amaral CM (PT)

Predictors of adherence of young graduates to a program of educational intervention for prevention of infection by the HIV

Cunha Oliveira A (PT)

The HIV infection: Its impact over the psychological well-being and self-concept

Marques N, Vieira RX, Geada M, Santos D (PT)

Perspectives of the emotional care to the family of people living with HIV/AIDS

Pereira ER, Oliveira DC, Trasmontano PS, Sílvia RMCRA, Cunha SHO, Alcântara VCG (BR)

10:00 - 11:00

Room A **Symposium 9 - PSYCHOPHYSIOLOGY OF EMOTIONS IN PSYCHOSOMATIC RESEARCH**

Chairs: S. Ouakinin (PT), A. Fred (PT)

Psychophysiological measurements in emotion analysis and research

Plácido da Silva H, Fred ALN, Eusébio S, Ouakinin S (PT)

Pattern recognition of individual behavior through physiological

Santos M, Fred ALN, Plácido da Silva H, Torrado M, Ouakinin S (PT)

Emotional recognition deficits and physiological responses in opiate dependents

Torrado M (PT)

Evaluation of stress reactivity and coping in breast cancer patients

Eusébio S (PT)

Room B **Symposium 10 - STRESS AND THERMOREGULATION**

Chairs: T. Oka (JP), K. Nakamura (JP)

Hypothalamomedullary neural pathway that drive thermogenesis for fever and stress-induced hyperthermia

Nakamura K (JP)

Neural circuitry of psychological stress-induced hyperthermia

Lkhagvasuren B, Oka T, Nakamura Y, Hayashi H, Sudo N, Nakamura K (JP)

Selective GABAA receptor modulators and stress-induced hyperthermia in rodents

Vinkers CH (NL), Mirza M (DK), Olivier B (NL)

Stress-induced hyperthermia in human subjects

Oka T, Oka K (JP)

THURSDAY, 12 September					
	Room A	Room B	Room C	Room D	Room E
09:00-12:00	<i>Advanced Course 1</i> How to publish with high impact in clinical journals G.A. Fava (IT), E. Tomba (IT), T. Sensky (UK)	<i>Advanced Course 2</i> Building integrated behavioral health services for medico-surgical patients in general hospital: The Yale experience H.B Lee, W. Sledge, A. Forray, P. Zimbreaan, (US)	<i>Advanced Course 3</i> The diagnostic criteria for psychosomatic research (DPCR): Theory and assessment P. Porcelli (IT), C. Rafanelli (IT)	<i>Advanced Course 4</i> Multimodal research approach to the neurobiology of stress N. Sousa (PT)	<i>Advanced Course 5</i> A practical family therapy approach for patients and families dealing with psychosomatic illness G.I. Keitner (US)
12:00-13:00 - Lunch					
13:00-16:00	<i>Advanced Course 6</i> Personhood and suffering T. Sensky (UK)	<i>Advanced Course 7</i> Integrative multimodal psychosomatic treatment T. Sivik (SE)	<i>Advanced Course 8</i> Recognition and treatment of work-related anxieties M. Linden (DE)	<i>Advanced Course 9</i> The family: A trajectory of illness. Psychological interventions: to whom, when, how? L. Baider (IL)	<i>Advanced Course 10</i> Delirium in the general hospital: A biopsychosocial challenge A. Diefenbacher (DE)
16:00-16:30 - Pause					
16:30-17.00 - Opening session					
17.00-18:30 - <i>Plenary Lecture 1</i> The revolutionary implications of the biopsychosocial factor: A tribute to George L. Engel on the centenary of his birth - G.A. Fava (IT) Chair: W. Sledge (US) Discussants: G.R. Taylor (CA), R. Verissimo (PT)					
18:30-19:30 - Welcome reception					
FRIDAY, 13 September					
	Room A	Room B	Room C	Room D	Room E
09:00-10:00	<i>Symposium 1</i> Pain Management and Psychosomatic Medicine Chairs: C. Kubo (JP) A.N. Singh (CA)	<i>Update lectures 1</i> Chairs: J. Figueiredo (US), A.P. Palha (PT) The use of communication skills: Lessons derived from microanalytical studies D. Razavi (BE) Evidence of the clinical utility of the diagnostic criteria for psychosomatic research (DCPR) P. Porcelli (IT)	<i>Research communications 1</i> Cardiovascular disorders Chairs: H.C. Deter (DE), K. Orth-Gomér (SE)	<i>Research communications 2</i> Neurological disorders Chairs: M. Farinelli (IT), M. Xavier (Lisbon, PT)	<i>Research communications 3</i> Interventions I Chairs: J. Cao (CN), A. Carvalho (PT)
10:00-11:00	<i>Symposium2</i> New issues in alexithymia research Chairs: O. Luminet (BE), O. Pollatos (DE)	<i>Symposium3</i> Omega-3 polyunsaturated fatty acids in depression and anxiety: from bedside to population Chairs: Y. Matsuoka (JP), F. Jacka (AU)	<i>Clinical case 1</i> Chairs: T.Sivik (SE), G.R. Taylor (CA), A psychosomatic clinical case of systemic lupus erythematosus F. Barbosa, C. Ferreira, A. Barbosa (PT)	<i>Research communications 4</i> Pain Chairs: M. Quartilho (PT), J. Streltzer (US)	<i>Research communications 5</i> Depression in medically ill Chairs: C. Góis (PT), M. Joukamaa (FI),
09:00-11:00 - Moving Seminar - Chairs: W. Schüffel (DE) T. Leydenbach (FR) (Room F)					
11:00-11:30 - Pause/Poster discussion					
11:30-12:30 - <i>Plenary Lecture 2</i> Psychosomatics: past, present and future - T.N. Wise (US) Room A+B Chair: N. Sonino (IT)					
12:30-14:00 - Lunch					
14:00-15:00	<i>Symposium 4</i> Health-related quality of life of European children and adolescents with chronic health conditions as assessed with the chronic-generic (DISABKIDS) instrument Chairs: M.C. Canavarro (PT), M. Bullinger (DE)	<i>Update lectures 2</i> Chairs: C. Rafanelli (IT), D.Sampaio (PT) Well-being in psychosomatic medicine: Assessment tools and scientific directions C. Ryff (US) Family interventions for chronic medical illness G.I. Keitner (US)	<i>Workshop 1</i> Assessment of psychosomatic stress by measurement of pressure pain sensitivity of the chest bone (PPS) Chairs: S. Ballegaard (DK), C. Kubo (JP),	<i>Research communications 6</i> Transplantation K.B. Koh (KR), D. Telles-Correia (PT)	<i>Research communications 7</i> Psychosocial issues in the medically ill Chairs: W. Linden (CA), M. Paulino (PT)
15:00-16:00	<i>Symposium 5</i> Functional neuroimaging of mind-body interaction Chairs: N. Sudo (JP), M. Teufel (DE)	<i>Symposium 6</i> Contemporary empirical research exploring the alexithymia construct Chairs: G.R. Taylor (CA), R. Verissimo (PT)	<i>Clinical case 2</i> Chairs: H. Karlsson (FI), F. Cosci (IT) Atopic dermatitis - how emotions enter the skin. a case report U. Gieler (DE), D. Linder (IT)	<i>Workshop 2</i> Strategies to improve well-being Chairs: C. Ryff (US), C. Ruini (IT)	<i>Research communications 8</i> Clinician-patient relationship Chairs: T. Maia (PT), J.C. Riechelmann (BR)

16:00-16:30 - Pause/Poster Discussion					
16:30-17:30	Symposium 7 Culture and psychosomatic medicine Chairs: Jon Stretzer (US), W. Schüffel (DE)	ICPM/WPA Joint Symposium - Psychosocial and psychiatric issues in palliative care Chairs: A. Barbosa (PT), L. Grassi (IT)	Clinical case 3 Chairs: C. Dejours (FR), C. Ruini (IT) When anorexia nervosa becomes secondary: a case report of an underlying myopathy A. Neto, C. Tomé, I.M. Moura, A. Valverde, M. Miranda, S. Magalhães, G.B. Martins, A.F. Correia, N. Borja-Santos, T. Maia (PT)	Workgroup on psychosomatic postgraduate training Chairs: G.A. Fava (IT), C. Fazeckas (AT)	Research communications 9 Functional disorders Chairs: C. Fabião (PT), P. Fink (DK),
17:30-18:30 - ICPM General Assembly					
SATURDAY, 14 September					
	Room A	Room B	Room C	Room D	Room E
09:00-10:00	Symposium 8 Gut feelings or gut symptoms? A psychosomatic approach of chronic intestinal diseases Chairs: D. Dumitrascu (RO), R. Verissimo (PT)	Update lectures 3 Chairs: L. Figueira (PT), W. Sledge (US), The neurobiological mechanisms of psychotherapy H. Karlsson (FI) The stressed brain N. Sousa (PT)	Research communications 10 Cancer Chairs: C. Fazeckas (AT), L. Monteiro (PT)	Research communications 11 Interventions II Chairs: F. Cosci (IT), M.J. Heitor (PT)	Research communications 12 HIV Chairs: J. Gago (PT), C. Ruini (IT)
10:00-11:00	Symposium 9 Psychophysiology of emotions in psychosomatic research Chairs: S. Ouakinin (PT), A. Fred (PT)	Symposium 10 Stress and thermoregulation Chairs: T. Oka (JP), K. Nakamura (JP)	Clinical case 4 Chairs: G. Cardoso (PT), T.N. Wise (US) Psychological intervention and the rehabilitation process of stroke patients: a case report M. Farinelli (IT), G. Northoff (CA)	Research communications 13 Neuroimaging, markers, and neurotransmitters Chairs: K.B. Koh (KR), J. Relvas (PT)	Research communications 14 Stress and allostatic load Chairs: E. Tomba (IT), L. Vicente (PT)
09:00-11:00 - Moving Seminar - Chairs: W. Schüffel (DE) T. Leydenbach (FR) (Room F)					
11:00-11:30 - Pause/Poster discussion					
11:30-12:30 - Plenary Lecture 3 The reenchantment of psychosomatic medicine: The "integrexit" centred approach - A. Barbosa (PT) Room A+B Chair: C. Kubo (JP)					
12:30-14:00 - Lunch					
14:00-15:00	Symposium 11 A primer on unconscious emotions and somatic health Chairs: B. Verkuil (NL), J.F. Brosschot (NL)	Update lectures 4 Chairs: T. Sensky (UK), R. Coelho (PT) Advances in alexithymia theory and research G.R. Taylor (CA) Work: between hope and despair C. Dejours (FR)	Research communications 15 Teaching and economy of psychosomatic medicine Chairs: T. Loew (DE), P. Macedo (PT)	Research communications 16 Eating disorders Chairs: P. Leombruni (IT), A. Roma Torres (PT)	Research communications 17 Sexology/sexual function Chairs: D. Linder (IT), R. Vieira (PT)
15:00-16:00	Symposium 12 Psychosomatic Education Chair: H. Leigh (US)	Symposium 13 Psycho-oncology and survivorship: Making the right choices for assessment and treatment Chair: W. Linden (CA)	Clinical case 5 Chairs: R. Razavi (BE), M. Simões (PT) Dental extractions and immediate implant placement using hypnosis in place of traditional local anaesthetics M.A. Gow (UK)	Workshop 3 Practical issues in liaison old age psychiatry Chairs: M. Gonçalves-Pereira (PT), E. Mukaetova-Ladinska (UK)	Communication Workgroup Meeting
16:00-16:30 - Pause/Poster discussion					
16:30-17:30	Workshop 4 Integrative medicine in Asian countries Chairs: C. Kubo (JP) A.N. Singh (CA)	IPOS/ICPM Joint Symposium - Psycho-oncology: The psychosomatic side of cancer Chairs: L. Travado (PT), L. Grassi (IT)	Clinical case 6 Chairs: L. Sobrinho (PT), N. Sonino (IT) Psychotherapy and exenatide treatment for a type 2 diabetic patient with depression S. Ando, M. Ando (JP)	Research communications 18 Philosophy and psychosomatic medicine Chairs: N. Nabais (PT), D. von Boetticher (DE)	Portuguese-Brazilian Symposium (Portuguese spoken) Chairs: J. Barata (PT), D. Tabacof (BR) Discussant: A. Coimbra de Matos (PT)
17:30-18:30 - Closing Ceremony					

10:00 - 11:00

Room C Clinical case 4*Chairs:* G. Cardoso (PT), T.N. Wise (US)**Psychological intervention and the rehabilitation process of stroke patients: A case report**

M. Farinelli (IT), G. Northoff (CA)

Room D Research communications 13 - NEUROIMAGING, MARKERS, AND NEUROTRANSMITTERS*Chairs:* K.B. Koh (KR), J. Relvas (PT)**Exacerbation of the compound 48/80-induced mouse scratching behaviour by chronic psychological stress**

Peng Z, Tetsuya H, Yasunari A, Chiharu K, Nobuyuki S (JP)

Influence of serotonin transporter gene variation and anxiety-related personality on brain activity during fear conditioning in Japanese subjects: An fMRI study

Kano M, Mizuno T (JP), Brammer M (UK), Aoki M, Kawashima R, Fukudo S (JP)

Is electrodermal hyporeactivity a trait marker for suicide risk in depression and bipolar disorder?

Kaschka WP (DE), Thorell LH (SE), Steyer J, Hodgkinson S, Wolfersdorf M, Straub R, Jandl M (DE)

Room E Research communications 14 - STRESS AND ALLOSTATIC LOAD*Chairs:* E. Tomba (IT), L. Vicente (PT)**Also we are sick?**

Cruz C, Duarte J, Almeida M, Antunes A, Peres V (PT)

Burnout syndrome: Diagnostic category or risk factor?

Kaschka WP, Steyer J, Hodgkinson S, Jandl M (DE)

Children's stress: Associations with lifestyle and obesity

Michels N, Sioen I, Boone L, Braet C, Clays E, Vanaelst B, Huybrechts I, De Henauw S (BE)

Developmental trajectories of violence and high "allostatic load": Long term effects on physical and psychological health

Paiva CA (PT)

Adolescents report lot of worries and stress: Self-image in danger

Ritva E (FI)

The relationship between the psychosomatic adjustment of college students and their gender, academic level, academic performance, and personality

Shih MY (CN), Kubo C (JP)

09:00 - 11:00

Room F Moving Seminar*Chairs: W. Schüffel (DE), T. Leydenbach (FR)*

11:30 - 12:30

Room Plenary lecture 3**A+B**

Chair: C. Kubo (JP)

The reenchantment of psychosomatic medicine: The "integrexit" centred approach

A. Barbosa (PT)

14:00 - 15:00

Room A Symposium 11 - A PRIMER ON UNCONSCIOUS EMOTIONS AND SOMATIC HEALTH*Chairs: B. Verkuil (NL), J.F. Brosschot (NL)***Unconscious emotions and physiological activity during experimental and daily stress**

Verkuil B, Brosschot JF (NL)

Emotional awareness and somatic health

Lane RD (US)

Unconscious mood in patients undergoing in vitro fertilisation treatment

Massey A, Campbell B, Raine-Fenning N, Vedhara K (UK)

Implicit affect and effort-related cardiovascular response

Silvestrini N, Gendolla GHE (CH)

Room B Update lectures 4*Chairs: T. Sensky (UK), R. Coelho (PT)***14:00 - Advances in alexithymia theory and research**

G.R. Taylor (CA)

14:30 - Work: between hope and despair

C. Dejours (FR)

Room C Research communications 15 - TEACHING AND ECONOMY OF PSYCHOSOMATIC MEDICINE*Chairs: T. Loew (DE), P. Macedo (PT)***Economic aspects of psychosomatic morbidity**

Fazekas C (AT)

Teaching the principles of psychosomatic psychiatry in the standard course for medical students

Lobo A, de la Cámara C, Saz P, Dourdil F, Campayo A, Marco JC, Ventura T, Salvador E, Lobo-Escolar L, Pires G, Campos R (ES)

How much psychosomatic medicine does Europe need. A www based survey

Loew TH, Cojocaru L (DE)

Who pays how much for psychotherapy in Europe

Loew TH, Kaufmann S, Cojocaru L, Tritt K (DE)

Clinical diagnosis expressed by images

Feio M, Cordeiro R (PT)

Room D **Research communications 16 - EATING DISORDERS***Chairs:* P. Leombruni (IT), A. Roma Torres (PT)**Quality of life in eating disorders**

Al-Dakheel Winkler L, Christiansen E, Lichtenstein MB, Hansen NB, Bilenberg N, Støving RK (DK)

Revisiting caregiving issues and psychological distress in relatives of anorexia nervosa patients

Coromina M (ES), Gonçalves-Pereira M, Bouça D, Sampaio D (PT)

The original and enhanced-cognitive behavioural maintenance models of bulimia: Test and comparison in a treatment-seeking sample

Dakanalis A, Zanetti MA, Clerici M, Riva G (IT)

Exercise addiction: Part of an eating disorder or a new syndrome?

Lichtenstein MB, Elklit A, Bilenberg N, Støving RK (DK)

Attentional bias to emotional faces in sub-clinical eating psychopathology: The role of vigilance and avoidance

Wallis DJ, Sharpe E (UK)

Room E **Research communications 17 - SEXOLOGY/SEXUAL FUNCTION***Chairs:* D. Linder (IT), R. Vieira (PT)**When arousal becomes a disorder**

Frade P, Ferreira D, Vian J, Dias C, Barandas R, Croca M, Guerra A, Levy P, Xavier Vieira R (PT)

Is vaginismus a disorder related to disgust? A therapy of a patient with phobic and obsessive personality traits

Gysin F, Gysin F (PT)

Condom use and HIV-related behaviours in Portuguese men who have sex with men (MSM): sexual pleasure and sexual behaviour

Pereira H, Esgalhado G, Afonso RM (PT)

Self-esteem and narcissism in a group of 760 adolescents of both sexes divided into two sub-groups: academic and forensic

Rui Xavier V, Pechorro P (PT)

Expressive writing in male infertility : A randomized controlled trial

Conrad R, Karpawitz-Godt A, Allam JP, Geiser F, van der Ven H, Haidl G (DE)

15:00 - 16:00

Room A Symposium 12 - PSYCHOSOMATIC EDUCATION*Chair:* H. Leigh (US)**Genes, memes, epigenetics, and culture in psychosomatic medicine**

Leigh H (US)

The German model of education in psychosomatic medicine and psychotherapy

Menzel H (DE)

Teaching psychosomatic medicine in low and middle income countries

Van Dyke C (US)

Clinical implication of co-morbidities and receptor physiology for somatic manifestation in stress induced cardiomyopathy: A teaching model of psychosomatic medicine

Choi B-I W (US)

Room B Symposium 13 - PSYCHO-ONCOLOGY AND SURVIVORSHIP: MAKING THE RIGHT CHOICES FOR ASSESSMENT AND TREATMENT*Chair:* W. Linden (CA)**Room C Clinical case 5***Chairs:* R. Razavi (BE), M. Simões (PT)**Dental extractions and immediate implant placement using hypnosis in place of traditional local anaesthetics**

M.A. Gow (UK)

Room D Workshop 3 - PRACTICAL ISSUES IN LIAISON OLD AGE PSYCHIATRY*Chairs:* M. Gonçalves-Pereira (PT), E. Mukaetova-Ladinska (UK)**Liaison service provision for older adults in the UK: The Newcastle model**

Mukaetova-Ladinska EB, Teodorczuk A (UK)

Implementing liaison psychiatry in a Portuguese palliative and dementia care setting

Gonçalves-Pereira M, Costa A, César P, Caldas de Almeida M (PT)

Education and liaison old age psychiatry

Teodorczuk A, Mukaetova-Ladinska E, Corbett S, Welfare M (UK)

Liaison work as viewed by the multidisciplinary team

Verdelho A, Bárrios H, Bernardo A, Costa S, Caldas de Almeida M, Gonçalves-Pereira M (PT)

Room E Communication Workgroup Meeting

16:30 - 17:30

Room A Workshop 4 - INTEGRATIVE MEDICINE IN ASIAN COUNTRIES*Chairs:* C. Kubo (JP), A.N. Singh (CA)**The evaluation of comprehensive medicine (C.M.) based on biopsychosocial-existential medical model**

Nagata K, Hirano T (JP)

The characteristic of the clinic and basic theory on the psychosomatic medicine in Traditional Chinese medicine in China

Zhifu Z (CN)

Past and present Asian contributions to psychosomatic medicine

Singh AN (CA)

Spiritual life (Inochi) and Japanese longevity

Watanabe S (JP)

Japan Yoga Therapy Society, Yonago, Japan : Yoga Therapy as a component of the psychosomatic treatment regimen

Kimura K (JP)

Traditional psychosomatic intervention in the Ryukuan culture

Ishizu H (JP)

Room B IPOS/ICPM Joint Symposium - PSYCHO-ONCOLOGY: THE PSYCHOSOMATIC SIDE OF CANCER*Chairs:* L. Travado (PT), L. Grassi (IT)**Introduction: Psychosocial care the new standard in quality cancer care**

Travado L (PT)

Uncertainty and hope in cancer patients

Razavi D (BE)

Major depression and demoralization in cancer patients: a comparative study between two countries of South-Europe, Portugal and Italy

Nanni MG (IT)

Illness, a family affair: culture, vulnerability, denial, communication

Baider L (IL)

Room C Clinical case 6*Chairs:* L. Sobrinho (PT), N. Sonino (IT)**Psychotherapy and exenatide treatment for a type 2 diabetic patient with depression**

S. Ando, M. Ando (JP)

Room D Research communications 18 - PHILOSOPHY AND PSYCHOSOMATIC MEDICINE*Chairs:* N. Nabais (PT), D. von Boetticher (DE)**Fictions of the body: Some philosophical approaches to psychosomatics**

Nabais N (PT)

A two-layers bio-psycho-social model of medicine and psychotherapy

Dwairy M (IL)

Do bodies need to talk?

Kotowicz Z (PT)

East-Western comparison on emotion and psychosomatics: Modern “cortical readout” theories and Heidelberg model Chinese medicine

Paiva CA, Greten HJ (PT)

Towards an integrative concept of intersubjectivity. Emotions as phenomena of second nature

von Boetticher D (DE)

The relation of attention, pain and perspective-taking in integrative medicine: “enhanced distraction techniques of attention”

Gerner A (PT)

Room E Portuguese-Brazilian Symposium (Portuguese spoken)*Chairs:* J. Barata (PT), D. Tabacof (BR)*Discussant:* A. Coimbra de Matos (PT)**Vinculação, auto-regulação e psicossomática**

Barata J (PT)

Factor traumático e economia psicossomática

Tabacof D (BR)

Abordagem psicossomática das dores do ser mulher: dismenorreia, mastalgia e dispareunia

Riechelmann JC (BR)

17:30 - 18:30 – **Closing ceremony****POSTER SESSION** - Discussion 11:00 - 11:30, 16:00 - 16:30**Depression in the medical ill****144 Risk factors associated with depression in immediate post-partum and during follow-up in a group of Chilean women**

Accatino L (CL), Gelabert E, Ilhe S, Martin-Santos R, Saez R, Lyng T (ES), Repetto P (CL), González C, González M (ES)

145 Clinical characteristics of depressive patients with autism spectrum disorders

Aoki S, Wani T, Wani K, Murakami S, Yamada N (JP)

146 Characterization of a group of puerperal Chilean women and the prevalence of depression in immediate post-partum and follow up

Ilhe S (CL), Gelabert E (ES), Accatino L, Lyng T, Saez R, González C, Poblete J, Repetto P, González M (CL)

147 Anxiety and depression during prolonged monoarthritis is associated with activation of ERK1/2 in the PGI-LC-PFC pathway

Neto F, Borges, G (PT), Mico JA, Berrocoso E (ES)

- 148 Menstrual cycle phase-related change in depressive mood, attentional and cognitive function in women with PMDD**
Ohkubo M, Shinkawa H, Tayama T, Hamaguchi T, Tomiie T (JP)
- 149 The influences of relaxation training (latihan pasrah diri) on quality life in hemodialysis patients with depressive symptoms**
Sofia NA, Widyaningrum, Siswanto A, Djarwoto B, Asdie AH, Shatri H, Putranto R, Mudjaddid E (ID)
- 150 Demoralization as a distinct clinical phenomenon from major depressive disorder: A systematic review**
Tecuta L, Tomba E, Grandi S, Fava GA (IT)
- 151 Validation of the Latvian version of the geriatric depression scale (GDS)**
Voicehovskis VV, Margolina J, Voicehovska JG, Miksons A (LV)
- 152 A study about a case of depression under psychosomatics perspective**
Sanz de Alvarez PE (AR)
- 153 Physical and corporal expressiveness in the process of adaptation to loss**
Coelho A, Frade P, Correia A, Delalibera M, Matos A, Presa J, Barbosa A (PT)
- 154 Beyond death**
Dias P, Martins M, Moreira A, Pocinho L (PT)
- 155 Impact of grief on health: Comorbidity of bereaved family caregivers in palliative care**
Frade P, Coelho A, Correia A, Delalibera M, Matos, Presa J, Barbosa A (PT)
- 156 A multidisciplinary approach to sickle cell care: Decreasing reliance on the acute care model**
Weisberg D, Bozzo J, Gorero J, Kenyon K, Forray A, Roberts JD (US)
- 157 Pregnancy and childbirth as a point between the life and death**
Taghizadeh Z, Irajpour A, Kazemnejad M, Arbabi M (IR)

Psychopathology in the medical ill

- 158 “Music does not get out of my head”- a case report of musical hallucinations**
Barradas I, Alves P, Quintela L, Fonte A (PT)
- 159 Clinical guidelines for the treatment of hwabyung**
Kim JW, Kim SY, Hwabyung Research Center (KR)
- 160 Psychometric evaluation of psychopathologic disorders in of maxillofacial surgeons’ patients**
Medvedev V, Barsegyan T, Frolova V, Drobyshev A, Martinov S (RU)
- 161 Psychiatric intervention on disasters**
Neves S, Furet A, Tudela J, Franco C (PT)
- 162 A case of delusional jealousy in a patient with Parkinson’s disease and dopamine replacement therapy-induced hypersexuality**
Palma M, Martins M, Alves R, Luís A, Maia T (PT)
- 163 Romantic jealousy and sexual satisfaction: A study in the Portuguese population**
Pereira H, Lucas C, Esgalhado G (PT)
- 164 Skin picking disorder in a 16 year old female**
Cartaxo T, Veiga L (PT)
- 165 An approach to the case that presented delusion of jealousy by cerebral infarction**
Shingo Y, Mai K, Takatsugu O, Hideaki H (JP)
- 166 Relationship between sense of self-control, hopelessness, perceived support from family and suicidal ideation in alcohol use disorder**
Kwon Y-S (KR)

- 167 Cannabinoid hyperemesis syndrome**
Ramos S, Rodrigues R, Almeida N, Sá JM, Fonseca L (PT)
- 168 How safety are smart shops**
Rodrigues R, Ramos S, Almeida N, Fonseca L (PT)
- 169 Alternation, wakefulness and dreams in building superficial consciousness in addicts**
Mendes Pedro A (PT)
- 170 The effects of anxiety sensitivity and somatosensory amplification on the 35% carbon dioxide challenge in abstinent smokers**
Aldi GA, Bertoli G, Ferraro F, Cosci F (IT)
- 171 What a car accident can make to you?**
Ramos J, Caetano S (PT)
- 172 When your will to improve leads to anxiety?**
Ramos J, Caetano S, Matos A, Silva J, Cajão R, Oliveira A (PT)
- 173 Does the psycho-education of PTSD using comics promote the motivation for the clinical treatment?**
Tomiie T, Ohno F, Sakakibara K, Hamaguchi T, Tayama J, Fukudo S (JP)
- 174 Does prior trauma predict negative posttraumatic appraisal in accident survivors?**
Noguchi H, Nishi D, Kim Y, Konishi T, Matsuoka Y (JP)
- 175 Manic syndrome as initial presentation of Wilson's disease**
Morais S, Madeira N, Cabral A (PT)
- 176 Vasopressin, social cognition and schizophrenia**
Morais S, Madeira N, Cabral A (PT)
- 177 Subjective burden and psychological morbidity in caregivers of patients with schizophrenia**
Nehra R, Kate N, Grover S, Kulhara P (IN)

Psychosomatic interactions

- 178 The assessment of demoralization in medically ill patients: Observed versus self-rated instruments**
Albieri E, Ruini C, Strizzolo G, Piazza G, Visani D, Ottolini F, Grassi L (IT)
- 179 Characterizing demoralization in the medically ill: A cluster analysis-derived grouping**
Rafanelli C, Guidi J, Gostoli S, Tomba E, Porcelli P, Grandi S (IT)
- 180 Clinical assessment of psychological factors affecting medical conditions: A comparative study**
Rafanelli C, Guidi J, Roncuzzi R, Sirri L, Fava GA (IT)
- 181 Quality of life of hypersomnia patients**
Hori R, Kojima N, Maekubo A, Sasanabe R, Shiomi T, Kobayashi F (JP)
- 182 The influence of the pain catastrophizing and quality of life with the primary headache**
Odawara M, Hashizume M, Motoya R, Amano Y, Tsuboi K (JP)
- 183 The role of personality and clinical disorders on the quality of life in dermatology**
Vari C, Velotti P, Garofalo C, Richetta AG, Zavattini GC (IT)
- 184 The influences of latihan pasrah diri on depressive symptoms and quality of life in chronic obstructive pulmonary disease patie**
Siswanto A, Sofia NA, Sumardi, Asdie AH (ID)
- 185 Oral health-related quality of life: Psychometric properties of the oral health impact profile – 14 (OHIP-14)**
Zucoloto ML (BR), Maroco J, Campos JADB (PT)

- 186 Noise stress induced strong shrinkage of the stomach via a central crf-independent mechanism**
Kaneko H, Matsunaga M (JP)
- 187 What are the implications of changing treatment delivery models for inflammatory bowel disease (ibd) sufferers?**
Mikocka-Walus A (UK), Andrews J (AU), von Känel R (CH), Moser G (AT)
- 188 Psychological support for viral hepatitis department**
Barreira DP, Marinho RT (PT)
- 189 Depression in hepatitis c: A non-systematic review**
Barreira DP, Ouakinin S, Marinho RT (PT)
- 190 Consultation-liaison psychiatry and infectious diseases: A project of intervention**
Polido F, Renca S, Santos G, Murta I (PT)
- 191 Impact of a psychoeducational programme on adherence to antiretroviral therapy in patients with HIV**
Ribeiro C, Sarmento-Castro R, Ribeiro MD, Fernandes L (PT)
- 192 An example of psychological influences somatic: A case report of fibromyalgia**
Alves P, Barradas I, Quintela L, Fonte A (PT)
- 193 Alexithymia, pain and depression in fibromyalgia syndrome**
Castelli L, Tesio V, Di Tella M, Colonna F, Ghiggia A, Cagna M, Leombruni P, Fusaro E, Torta R (IT)
- 194 Why do patients with fibromyalgia complain of ear-related symptoms?**
Goto F, Likuni F, Nomura Y, Murakami M, Shigihara S, Ikeda M (JP)
- 195 Personality traits in fibromyalgia: Associations with depressive symptoms**
Leombruni P, Miniotti M, Sica C, Colonna F, Castelli L, Bruzzone M, Fusaro E, Torta R (IT)
- 196 An updated systematic review and meta-analysis of physical exercise interventions for chronic fatigue**
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- 197 Effect of isometric yoga on chronic fatigue syndrome: A randomized controlled trial**
Oka T, Tanahashi T, Sudo N (JP)
- 198 Clinical studies and guidelines for the psychoeducation of fibromyalgia patients**
Kim WS, Murakami M, Matsuno T (JP)
- 199 Is it really (just a case of) fibromyalgia?**
Cajão R, Gil N, Matos A, Silva J, Caetano S, Ramos J (PT)
- 200 The influence of stress and psychosocial factors in multiple sclerosis: A review**
Briones L, Arrufat FX, Aragonès JM, Bufill E, Pla M (ES)
- 201 Psychiatry in multiple sclerosis – what relation?**
Duarte M, Tarelho A, Melim J, Fonseca A, Fernandes I, Teixeira J, Laureano C (PT)
- 202 Cognitive impairment in lupus erythematosus: Contribution of depression and intrinsic disease factors**
Calderon J, Flores P, Babul M, Aguirre JM, Henriquez C, Padilla O, Massardo L (CL)
- 203 Severe cognitive dysfunction related to systemic lupus erythematosus: A case report**
Palma D, Teles-Martins M, Nascimento M, Luis A, Maia T (PT)
- 204 Lupus: Psychosocial impact, coping and mental health**
Oliveira C, Avelino MJ, Paixão LSM, Agostinho CS, Alves SR, Jara JM, Henriques S (PT)
- 205 Friedreich's ataxia and mental state: A clinical case**
Matos AF, Caetano S, Ramos J, Silva J, Cajão R, Oliveira A (PT)

- 206 Measuring depressive and anxiety symptoms in temporal lobe epilepsy patients who underwent surgery**
Rodríguez-Urrutia A, Eiroa Orosa FJ, Bailles E, Pintor L (ES)
- 207 Comorbidity dissociative conversive disorder, depression and epilepsy: A case report**
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- 208 Acoustical neuroma: A psychiatric experience**
Matos AF, Caetano S, Ramos J, Silva J, Cajão R, Oliveira A (PT)
- 209 A randomized control trial for the evaluation of the effects of EFT-insomnia (EFT-I) for the elderly**
Lee JH, Kim SY, Song SY, Seo JW, Chung SY, Cho SH, Kim JW (KR)
- 210 The relationship between objectively measured sleep duration and neurocognitive performance in Korean adolescents**
Lee YJ, Kim SJ, Cho I-H (KR)
- 211 Treatment of nightmares with doxazosine: A pilot study**
Milovanović S, Trajanović N, Stefanović D (XS)
- 212 Assessment of sleep quality and psychologic characteristics in patients with temporomandibular disorders**
Ofraz S, Güveli H, Bakay H, Bölek S , Uçar D, Tatar JB, Özkan M, Çapan N, Dıraçoğlu D, Karan A, Özkan S (TR)
- 213 The development of the Japanese version of the sleep hygiene index**
Sugakawa J, Mastin D F, Tayama T, Hamaguchi T, Tomiie T (JP)
- 214 Study of the relationship between sleep quality and bullying behaviors in school-age children**
Gomes A, Pedro A, Caldas A (PT)
- 215 Neuropsychiatric symptoms in acute porphyria: A case report**
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- 216 Psychiatric liaison consultation with neurological patients – review of three years retrospective follow up**
Martins V, Temótio JT, Murta I (PT)
- 217 Having syphilis in our minds**
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- 218 A case of normal pressure hydrocephalus in a patient presenting with psychiatric symptoms**
Martins M, Palma M, Alves R, Luís A, Maia T (PT)
- 219 Cryptococcal meningitis: A challenge to psychiatrists**
Vila Nova V, Cotta C, Martins J, Durães D, Mendes S (PT)
- 220 Psychiatric and psychological preoperative evaluation of facial allotransplantation candidate - the Helsinki protocol**
Ämmälä A-J, Antas B, Lassus P, Mantere O (FI)
- 221 Illness perceptions, coping strategies and treatment adherence at hemodialysis in a Brazilian sample**
Kern de Castro E, Gross C (BR)
- 222 Proportion and affecting factors of depression in end state renal disease patients undergoing regular hemodialysis**
Lubis WH, Hanum H, Lubis ARL, Putranto R, Mudjaddid E, Shatri H (ID)
- 223 Factors related to low satisfaction with transplantation therapy in living related kidney donors**
NishimuraK, KobayashiS, Okabe S, IshidaH, Tanabe K, IshigookaJ (JP)

- 224 Health care model for chronic diseases - producing multimedia web contents to enable children and adults with asthma**
Fonseca J, Fernandes L, Sá-Sousa A, Couto M, Correia-Sousa J, Winck JC, Yaphe J, Costa-Pereira A (JP)
- 225 The influence of psychosocial stress on asthma**
Melo V, Ramos J (PT)
- 226 "And if my breast grows?" the role of fantasies of transformation in young patients undergoing hematopoietic stem cell transplantation (HSTC)**
Gigli F, Barberi W, Di Carlo P, Cartoni C, Moleti MI (IT)
- 227 Concerns with the body shape: content validity of an agreed version in Portuguese, for Portugal and Brazil**
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Tanaka M, Tayama J (JP)
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Oliveira L, Morais S, Neves S, Furet A (PT)
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Vari C, Velotti P, Giancristoforo S, Richetta AG, Zavattini GC (IT)
- 234 Psychiatric aspects of sudeck syndrome: Case report**
Martins M, Klut C, Pádua M, Luís A, Miranda M, Maia T (PT)
- 235 Psychopathology and pain processing in patients with schizophrenia**
Minichino A, Bersani FS, Piroso S, Di Stefano G, Maglio G, Primavera M, Truini A, Delle Chiaie R, Cruccu G, Biondi M (IT)
- 236 Is there an association between childhood trauma and depression in patients with myofascial pain syndrome?**
Oflaz S, Güveli H, Bakay H, Bölek S, Uçar D, Tatar ZB, Özkan M, Çapan N, Dıraçoğlu D, Karan A, Özkan S (TR)
- 237 Psychiatric comorbidity and treatment on patients with atypical odontalgia**
Takenoshita M, Katagiri A, Umezaki Y, Watanabe M, Sako E, Sakuma T, Yoshikawa T, Toyofuku A (JP)
- 238 The burden of depression on the management of neuropathic pain with mirror therapy: case reports**
Engolini V, Poli P, Ciaramella A (IT)
- 239 Pain without words: A model of headache's psycho(patho)logy**
De Giorgio G, Firenze C, Quartesan R (IT)

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Martins V, Pimenta S, Murta I, Pitorra M (PT)

- 241 Phantom bite: Comorbid psychiatric disorders and psychopharmacological responses**
Watanabe M, Umezaki Y, Sakuma T, Sako E, Yoshikawa T, Takenoshita M, Toyofuku A (JP)
- 242 Acceptance of pharmaceutical gifts; variability by specialty and job rank in a healthcare setting**
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- 243 Beta-arrestin 1&2 are inversely affected by antidepressants through alterations in map kinase-regulated transcription**
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Tsuboi K, Odwara M, Hashizume M (JP)
- 245 The effectiveness of a well-being enhancing psychotherapy for affective disorders and associated somatic symptoms in children**
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Ciamarella A, Debidda F, Micco P, Rossi M (IT)
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Pimenta F, Maroco J, Martins I, Leal I (PT)
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Hamaguchi T, Tayama T, Saigou T, Tomiie T, Kanazawa M, Fukudo S (JP)
- 258 Cognitive behavioral treatment for burning mouth syndrome: Historically controlled study**
Matsuoka H, Sato H, Saitoh M, Abiko Y, Sakano Y, Chiba I (JP)
- 259 Proposal of an experimental psycho-cognitive protocol addressed to care-givers of patient with Alzheimer disease**
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- 260 Preliminary examination of effectiveness of elderly volunteer activities through participation in reminiscence therapy in Japan**
Hanaoka H, Muraki T, Yamane S, Funaki Y, Kaneko F, Okamura H (JP)

- 261 Effects of reminiscence activities on cerebral blood flow in the frontal lobes of elderly people**
Funaki Y, Kaneko F, Hanaoka H, Okamura H (JP)
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Tomai M, Rosa V, Esposito F (IT)
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Nakamura E, Kojima S (JP)
- 275 The role of psychologists in Italian hospital settings**
Rosa V, Tomai M, Esposito F (IT)
- 278 Assessing older adults' psycho-emotional challenges within person-centered therapy**
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- 279 Person-centered therapy and self-esteem: A study with older adults**
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- 280 Sense of coherence and person-centered therapy in older adults: A pilot study**
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- 281 The representation of the physician-patient relationship in medically assisted reproduction**
Castellano R, Velotti P (IT)
- 282 "A healthy mind in a healthy body" - physical activity as a treatment for depression**
Alves P, Barradas I, Quintela L, Fonte A (PT)
- 283 A single case study about pain coping process in CRPS patient**
Shin M-Y, Hyun M-H (KR)

- 284 Psychological stress exacerbated low-grade fever in a patient with chronic fatigue syndrome: A case report**
Oka T, Kanemitsu Y, Sudo N, Hayashi H, Oka K (JP)
- 285 The characteristics of people who attempted suicide during alcohol intoxication**
Song JY, Choi J-S, Lee J-Y, Jung HY, Lee HW, Hong KJ, Song KJ, Hwang JY (KR)
- 286 Method of motivational interviewing in dental practice**
Anisimova N, Anisimova E, Rabinovich S, Sirota N (RU)
- 287 Body image and nes in obese patients**
Micanti F, Cucciniello C, Orlando S, Pecoraro G, Galletta D (IT)
- 288 Death anxiety, depression, and coping in family caregivers**
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- 289 Efficacy of a psychopedagogic training in improving “somatic intelligence” considered to be a metacognitive tool in relationship**
Scognamiglio RM, Aloisi A, Russo SM (IT)
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Scognamiglio RM, Russo SM, Aloisi A, Iaffaldano E (IT)
- 291 Integrated braining: The integration of body and mind in the learning process**
Scognamiglio RM, Russo SM, Fumagalli M (IT)
- 292 The pervasive developmental disorder: A sample case of treatment in the integrated psychosomatic model**
Russo SM, Scognamiglio RM, Zerbini CA, Colombini DT (IT)
- 293 An introduction to the emotion code: A breakthrough in energy psychology**
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- 295 Pharmacological treatment of multi-organ bodily distress syndrome: A double-blind, placebo-controlled trial of the effects of imipramine (stress-3)**
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- 296 Bulimia nervosa treated with an adapted version of the Carroll’s Cognitive-Behavioural Approach For Therapy of Cocaine addiction**
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Ruini C (IT)

Poster Award Committees

Chair: Chiharu Kubo (JP)
Wolfram Schüffel (DE)
Carlos Góis (PT)

Chair: Jon Streltzer (US)
Tom Sensky (UK)
Diogo Telles-Correia (PT)

Abstracts Editors

Fiammetta Cosci (IT) António Barbosa (PT)

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Closing dinner

Friday, 13 September 2013 – 18.30 – 23.30

Enjoy Lisbon's full night light splendor on board Boat "Lisboa Vista do Tejo", while experiencing the superior gastronomic cuisine that the Chef has to offer.

- 18h45 – Meeting at the lobby Hotel Lisboa Marriott
- 19h00 – Departure with bus to the dock
- 19h30 – Welcome Drink
- 20h00 – Departure and dinner
- 23h00 - Estimated arrival at dock
- Disembarking and transfer back to Hotel Marriott Lisboa

Itinerary: Doca Alcântara /Torre de Belém / Terreiro do Paço /Sta. Apolónia / Parque das Nações / Doca Alcântara

Lisboa Vista do Tejo (Lisbon Seen from the Tagus) is an unrivalled means of notching up some quality time in an ambience of elegance and style. With spectacular views out over Lisbon, this boat-restaurant goes a whole lot further. Leaving from Alcântara Dock, the regular voyage contrasts the historic beauty of Belém with the modern architectural elegance of the Parque das Nações, providing a uniquely original and most relaxing form of sightseeing.

Price per person: €5 including Round Trip Transfers

DINNER: LIMITED SEATS AVAILABLE



Optional Tours

Meeting place for all tours: Lisbon Marriott Hotel Lobby

Sintra and Estoril Coast

Thursday, 12 September 2013 - 08h30 – 13h30

Departure from hotel by bus to Sintra. This village was described by Lord Byron as "Glorious Eden and is classified by UNESCO as World Heritage Site. Visit of the National Palace, distinguished by its conical twin kitchen chimneys. Time free in the village's centre and to taste the famous "Travesseiros" - a typical pastry. On to the Roca Cape, the westernmost point of Continental Europe. Stop for you to enjoy the fantastic landscape and take some photos. The tour will continue to the small historical centre of Cascais, an old fishing village. Stop and time free. Return to the hotel, passing by Estoril, with its gardens and Casino.

Price per person: €39 including the admission fee to National Sintra Palace.

Minimum participants: 20

Óbidos, Batalha and Fátima

Friday, 13 September 2013 - 08h30 – 17h30

We depart from the hotel to the charming medieval town of Óbidos. Lying 100 km north of Lisbon it is without doubt one of Portugal's most classic walled settlements. Enjoy a walk on its narrow cobblestone streets with whitewashed houses. St. Mary's Church, the Castle and the typical local bars where it is

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possible to taste a cherry brandy – “Ginginha” (not included). We will continue to Nazaré, probably the most famous fishing town in Portugal. Proceed to Batalha and visit the Monastery of Santa Maria da Vitória, a masterpiece of late Gothic and Manueline architecture. On to Fatima, one of the most important Catholic centers of pilgrimage. Visit the Sanctuary including the little Chapel of the Apparitions and also the impressive Basilica. Return to the hotel after the visit.

Price per person: €88 including the admission fee to Batalha Monastery and lunch during the journey.

Minimum participants: 20

Monumental Lisbon

Saturday, 14 September 2013 - 09h00 – 13h00

We depart from the hotel for the historical quarter of Belém where you will find some of the most remarkable monuments from the 15th and 16th centuries. Brief stop at the Belém Tower - world heritage by UNESCO (Torre de Belém) and at the Monument to the Discoveries (Monumento das Descobertas), that celebrates the Portuguese who took part in the Discoveries. Possibility to visit the church of the Hieronymites Monastery (Mosteiro dos Jerónimos). Classified by UNESCO as World Heritage, this monument is a masterpiece of the “Manueline” style. The tour will continue along the river towards the old quarter of Alfama, with its typical streets. Walk up until St Jorge Castle where you will have one of the most beautiful views over the city. Return by bus to the hotel. (Suggested to wear comfortable shoes).

Price per person: €35 including the admission fee to St. George’s Castle.

Minimum participants: 20

Included in Accompanying Person’s registration

Fado in Chiado

Thursday, 12 September or Saturday, 14 September - 19h00 to 19h50

Please arrive 10 minutes before the show, no entrances allowed after the beginning of the show.

Live Fado! It isn’t Folk, it isn’t Blues, it isn’t Soul – it’s world music from Lisbon, unique in the Universe. Voices that sing Fado to the sound of the portuguese guitar. “Fado in Chiado” meets tradition in Lisbon's historical center. Come and listen and feel today, the voice of the Portuguese soul.

Price per person: €15

Places are limited. **TICKET ONLY, TRANSFERS NOT INCLUDED**

Same Payment & Cancellation policy of tours will apply.

Notes for all Tours

1. Rates are in Euros (€) including VAT and taxes.
2. Reservation requests will be confirmed on a first come, first served basis.
3. The tours require a minimum of 20 participants. If minimum numbers are not reached, the tour will be cancelled and participants will receive full payment reimbursement. Reimbursements will be made on site at the Secretariat. If a bank transfer will be needed, bank expenses will be deducted.
4. All tours departure from, and return to, the Lisbon Marriott Hotel, and will be accompanied by an English speaking official guide.
5. Additional tickets may be purchased on site at Secretariat (subject to availability).
6. It is not possible to refund tickets in the case of cancellation or failure to arrive on time. Full payment is required at the time of reservation
7. Cancellations received up to 09 August 2013 - full refund. All refunds will be made on site at the Secretariat. If a bank transfer will be needed bank expenses will be deducted.
8. Cancellations received after 10 August 2013 - No refund will apply•
9. Pre-booked tickets must be picked up at Secretariat

About Lisbon

Lisbon is the capital of Portugal and lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km². The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.

Climate

Due to the influence of the Atlantic Ocean, Lisbon has a pleasant climate throughout the year. The agreeable temperatures in the summer months are an open invitation for a walk by the river, or to spend an afternoon in one of the many street cafés to be found all over the city.

	Maximum	Minimum
Lisbon weather in September	26°C / 79°F	17°C / 63°F

For the latest weather click on www.ipma.pt

Currency and Banking

The unit of currency is the Euro (€). Major credit cards are accepted in most hotels, shops and restaurants. Travelers' cheques and currency can be changed at exchange bureaus or at hotel receptions. Automatic changing and cash dispensing machines linked to international networks are also widely available.

Electricity

Voltage: 220/380 volts at a frequency of 50 Hertz. All sockets follow European standards. To use American-type plugs, a 220-volt transformer should be used together with an adapter plug.

Emergency Phone Numbers

For Police and Ambulance emergency dial 112.

Health Requirements

With the exception of vaccination certificates for persons coming from areas where yellow fever is endemic, at the present there are no special health requirements.

Language

Portuguese is Latin in origin and the third most widely spoken European language in the world. It is the mother tongue of about 200 million people. Portuguese is the official language in several countries: Angola, Cape Verde, Guinea-Bissau, Mozambique, São Tomé e Príncipe in Africa, Brazil in South America and East Timor in Southeast Asia.

Portuguese Population

10.5 million

Sales Tax

Sales tax (VAT) is included in prices quoted. For non E.U. residents, tax free shopping schemes are available in many shops, which give substantial savings to visitors.

Smoking

The Portuguese law, in accordance with Regulations in force in the majority of European Countries and the USA, does not allow smoking in any public transportation or in any closed public areas. (Some restaurants, bars and discotheques can designate 30 percent of their space for smokers if they are larger than 100 square meters). Non-compliance with this ban can lead to prosecution and a fine of up to 1.000,00 Euros.

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Tipping

Tipping is optional, but adding 10% to the amount is regular practice in taxis, restaurants and bars.

Getting to Lisbon

Lisbon is easy to get to. It is a short flight away from most European cities, and is just as easily accessible by road, railway or sea.

By Air

Lisbon International Airport, 7 km from the city centre, has daily flights to and from the major cities in Europe and the world. Lisbon Airport has two terminals: **Terminal 1** is for international and domestic flights and **Terminal 2** for low cost flights only.

For further information please visit the official website of Lisbon International Airport: <http://www.ana.pt>

By Road

Arriving in Lisbon by road is a pleasant experience, as the visitor can enjoy the beautiful countryside along the way. The city has good road accesses and the most frequently used routes are: the A1 motorway, the 25th April Bridge and Vasco da Gama Bridge.

By Rail

Scores of national and international trains arrive in Lisbon every day. In addition to Santa Apolónia terminal station, the city has the Gare do Oriente, adjacent to the Parque das Nações. Both stations have direct bus or underground connections to the city centre.

High-speed Alfa trains depart for Oporto every day until 20h55. The Sud-Expresso to Paris departs daily at 18h00, while the Lusitania train to Madrid departs at 22h00 every day.

CP Call Center

From Portugal 808 208 208 (local call prices)

From abroad +351 707 201 280 (international call prices)

For further information please visit the official website: <http://www.cp.pt>

Getting to the city from the airport

By bus

The Aerobus (Bus nr 91) is the best way to travel from and to the airport. With regular daily departures, this service provides the connection between airport and the main spots of the city. There are 3 lines available depending on the area of the city you want to go. Service begins at 07h00 and ends at 23h00 and buses pass every 20 or 30 minutes, depending on the line.



Tickets can be purchased onboard (€3,50) and in Tourism Office counter and at the airport arrivals (public area). The ticket is valid for 24 hours on Aerobus and on Carris public transports. This ticket gives you also 25% discount on the Yellow Bus sightseeing tours on open-top buses, historical tramcars, Sintra and Fátima Tour. Valid for tickets purchased aboard the vehicles or at our point of sale at Praça do Comércio.

For further information please check: www.yellowbustours.com

By Taxi

There are two taxi stands within the perimeter of the airport, one at arrivals and the other at departures.

A taxi ride from the airport to a hotel in the city is around 13€ Before taking a taxi, inquire about the fare. You can get more info and purchase a **Taxi Voucher** at the Tourism Information Counter in the airport's Arrivals Hall. The price of the voucher depends on the distance of the trip or length of time, as well as on

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the type of service required: normal or personalized (in the former, the driver is trained to speak foreign languages and acts as tourist guide).

For further information please check: www.askmelisboa.com/en

Getting around Lisbon

By Subway

One of the quickest ways to travel in Lisboa is by Metro operating from 06:00 a.m. – 01:00 a.m. It covers almost the whole city and next to most hotels you will find a metro station.

Fare per trip: 1,25€ It is necessary to previously buy an electronic card (0.50€) which is sold automatically in any ticket booth.

For further information please check: www.metrolisboa.pt

By Bus / Tram

Carris has the exclusive rights as the above ground mass public transport operator in Lisbon. An extensive network of 90 bus routes covers the entire city and outskirts. Inside Lisbon you may also use a traditional public transportation: the tram. The tram network is made up of 5 routes, 3 funiculars (Glória, Bica and Lavra) and 1 lift (Santa Justa). For further information please check: www.carris.pt

By Taxi

Taxis in Lisbon are beige or black and green. Usually have the word TAXI on top and offer very reasonable prices to get around. They have an illuminated taxi sign at the top.

The fare on the taxi meter should read 2,50€ (daytime pick-up). Outside the city limits, city fares are charged per kilometer (km=0,42) and are entitled to charge for the return fare 1,60€ is charged for the transportation of luggage or animals. The usual amount to tip is 10% of the fare.

An additional 20% is charged for services on Saturdays, Sundays and holidays and for nighttime service from 9pm to 6am.

Other information

Working Hours

Buses: Every day 6.30 a.m. - 12 p.m./10 a.m

Banks: Mon-Fri. 8.30 a.m. - 3 p.m.

Shopping Centres: Every day 10 a.m. - 12 p.m.

Shops: Mon -Fri. 9 a.m. - 1 p.m. and 3 p.m. - 7 p.m. Sat. 9 a.m. - 7 p.m.

Embassies: Mon. - Fri. 9 a.m. - 3 p.m.

Post Offices: Mon. - Fri. 8.30 a.m. - 6.30 p.m.

Pharmacies: Mon. - Fri. 9 a.m. - 1 p.m. and 3 p.m. - 7 p.m. also: 24 hour (night) service

Meal times: Lunch: 12 a.m. - 2 p.m.

Dinner: 8 p.m. - 10 p.m

Underground: Every day 6.30 a.m. - 1 a.m.

Time Zones

(GMT/UTC GMT/UTC +1 in Summer)

Australia Canberra +10h

Brazil Brasília -3h

France Paris +1h

Germany Berlin +1h

Holland Amsterdam +1h

Italy Rome +1h

Japan Tokyo +9h

Norway Oslo +1h

South Africa Cape Town +2h

Spain Madrid +1h

Sweden Stockholm +1h

UK London =

USA Chicago -6h

USA Los Angeles -8h

USA New York -5h

USA Washington -5h

Support



Secretariat



Official Travel Agency

