



2020

CONGRESSO
SOCIEDADE
PORTUGUESA DE
ANESTESIOLOGIA

11 a 13 de outubro

Centro de Congressos
Hotel Sheraton Porto

**Anestesiologia é Medicina
Centrada no Doente**

PRE CONGRESS COURSE

Sunday, 11 October

14.00-19.00h **1st Thoracic Anesthesia Course**

Local: Centro de Congressos, Hotel Sheraton Porto

14.00-14.10h **Introduction to the SPA Thoracic Anesthesia Course**

Catarina Celestino

14.10-14.30h **Session 1**

Chairpersons: Ana Fonte Boa & Miguel Guerra

Preoperative Evaluation and Optimisation

Speakers: Joana Goncalves & Catarina Celestino

Assessment and Scoring

Optimization: nutrition, exercise, education, ERATS

14.30-15.10h **Session 2**

Chairpersons: João Sá Peixoto, Catarina Celestino & Miguel Guerra

**Anesthetics, Haemodynamics, Fluid Management
and Pain Management**

Speaker: Joana Goncalves

Intravenous or Inhalational anaesthetics: What's the evidence
and clinician's preference?

Fluid management: simply restrictive or haemodynamic
goal-directed. Colloids and bleeding in thoracic surgery

Pain Management: acute and chronic pain after thoracotomy,
Regional anesthesia (thoracic epidural, paravertebral block,
erector spinae block and intercostal block)

15.10-15.50h

Session 3

Chairpersons: Catarina Celestino & Miguel Guerra

Airway Management and One Lung Ventilation

Speakers: Ana Fonte-Boa, Sérgio Campinha & Joana Goncalves

Lung isolation: Double Lumen tubes and Bronchial blockers.
Bronchoscopic anatomy

One lung ventilation: PEEP and auto-PEEP, driving pressure
and tidal volume, pressure or volume controlled ventilation,
protective ventilation

15.50-16.20h

Session 4

Chairpersons: João Sá Peixoto, Joana Goncalves & Tiago Vaz

Problem Based Learning Discussion (PBLD's)

Speakers: Ana Fonte Boa & Catarina Celestino

Hipoxia

Increased airway pressures and other ventilator problems

The challenging and difficult airway

16.20-16.45h

Coffee break

16.45-18.45h

Practical Session – Workstation A to D

Airway management, One Lung Ventilation and Fibroscopy

8 groups, max 3 delegates in each. Four main rounds (30min).

All the Faculty

A. Bronchoscopic anatomy (*2 training-models*)

B. Double Lumen Tubes and video-DLTs (*2 training-models*)

C. Bronchial blockers and Fibroscopy (*2 training-models*)

D. New (single use) bronchoscopes (*2 training-models*)

18.45-19.15h

Future of Thoracic Anesthesia. Who wants to be a thoracic millionaire?

Chairpersons: All the Faculty

Speaker: Catarina Celestino